



2008 Senior Survey

for people 60 and older in
Yuba County

Paper Surveys Returned = 238

Online Surveys Completed = 8

Total Sample Size = 246

Serving Nevada, Placer, Sacramento, Sierra, Sutter, Yolo & Yuba Counties

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2008 Senior Survey: The Yuba County Sample

The Overall Sample

Population age 60+ living in Yuba County in 2008 = 10,565

Target Sample = 400 surveys (roughly 4% of the 60+ population)

Actual Sample = 246 surveys (2.3% of the 60+ population); margin of error = 6.18%

Paper Survey Response Rate > 17% (it was not practical to obtain an exact count of undistributed surveys)

Demographic Targets and Results

Married couples were asked to complete a single survey; however, we cannot guarantee that those instructions were followed. It is likely that a fair number of couples submitted two surveys – one for each person in the marriage or domestic partnership. Therefore, the 246 total responses likely represent fewer than 246 separate senior households. Overall, females are over-represented by a significant margin; the margin is less when looking at reported needs data (from Parts 4 and 5 in the survey) because it includes the needs of spouses and partners.

Sex	Target Percent (N=10,565)	Result (n=222)	Percent Living with Spouse/ Partner age 60+ (n=68)	Result including 60+ couples* (n=290)
Men	45%	27.5%	45.9%	34.8%
Women	55%	72.5%	24.8%	65.2%
TOTAL	100%	100.0%	30.6%	100.0%

*To make this calculation, we have assumed each respondent's spouse/partner is of the opposite sex; some may not be.

The household income table below illustrates a fairly accurate representation of the true senior population, although persons below poverty were somewhat over-sampled. The race/ethnicity table shows that except for Native American elders, people of color were under-sampled across the board, especially Asians.

Respondents' Household Income (As a single person or as a married couple)	Target Percent (N=10,565)	Actual Percent (n=208)
Below poverty level**	10%	17.8%
100-199% of poverty	52%	46.6%
200-399% of poverty	27%	23.1%
400% of poverty & up	11%	12.5%
TOTAL	100%	100.0%

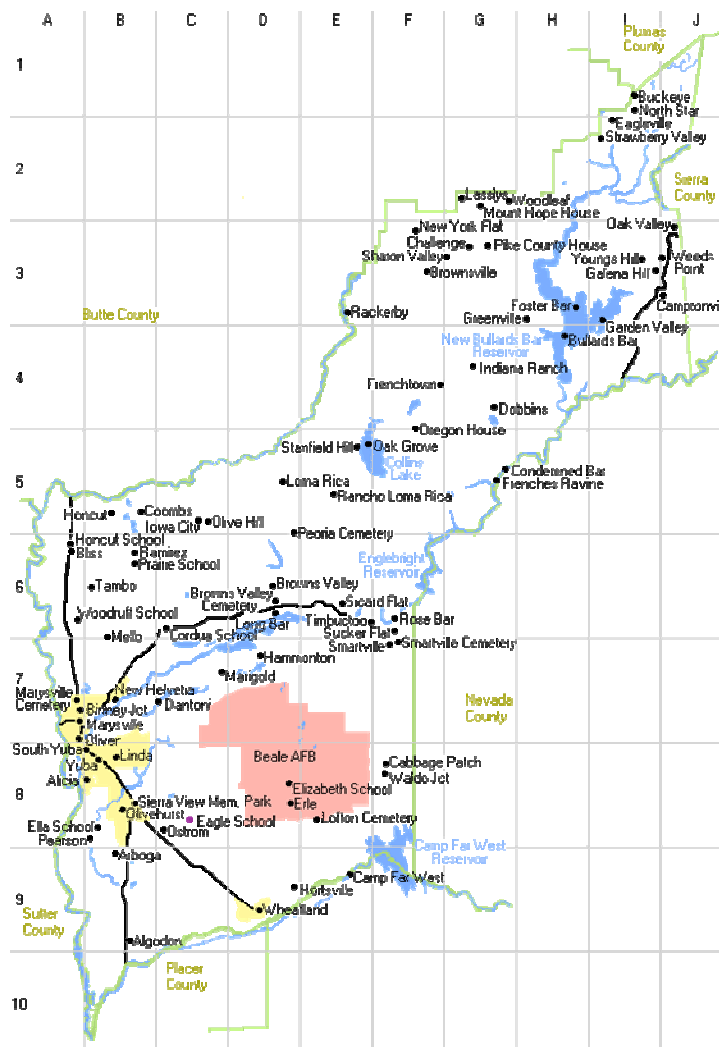
**In 2008 the poverty level was \$10,400 for a single person and \$14,000 for a couple.

Respondents' Race/Ethnicity	Target Percent (N=10,565)	Actual Percent (n=214)
White/Caucasian	76%	83.2%
Hispanic/Latino	11%	6.5%
Asian	5%	0.9%
Pacific Islander	-----	-----
Black/African American	3%	1.4%
Native American	2%	4.2%
Multi-racial	3%	3.7%
TOTAL	100%	99.9%

Geographic Targets and Results

The geographic targets were based upon partial information for the population within city limits. The 2008 Senior Survey uses each respondent's zip code to establish where they live. The zip codes in Yuba County do not correspond exactly with the target areas. With the exception of the "other rural areas," the table below demonstrates that a good mixture of seniors throughout the county were sampled. The "Marysville/Linda area" and "Wheatland area" categories do include urban areas just outside the city limits of those communities. The "<" and ">" signs indicate these variations from the original targets.

Area where Respondent Lives	Target Percent (N=10,565)	Actual Percent (n=212)
Marysville/Linda area 95901	> 40%	45.5%
Olivehurst area 95961	17%	14.6%
Wheatland area 95692	> 5%	6.9%
All other rural areas 95918, 95919, 95935, 95962, 95972	< 38%	19.1%
TOTAL	100%	100.1%



Distribution Plan: Targets and Results

For the purposes of reaching ALL older adults, we conceptualized three different categories of seniors: Active Seniors, Mobile Seniors, and Homebound Seniors. Had there been a better response to the online survey in Yuba County, it is likely that a higher percentage of Active seniors would have been captured.

Categories based on Ability Levels	Target Percent (N=10,565)	Actual Percent (n=223)
Active Seniors (no disabilities)	55%	45.3%
Mobile Seniors (some disabilities; do drive)	25%	36.8%
Homebound (some disabilities; do not drive)	20%	17.9%
TOTAL	100%	100.0%

2008 Senior Survey: Additional Analysis

Income-Related Questions

Interestingly, less than 24% of all the respondents who said they do not usually have enough money for regular expenses were below poverty.

Respondents' (Rs') Household Income (from Part 2, Question #9)	Do Not Have Enough \$ for Regular Expenses (Part 2, Question #11) (n=51)
Below poverty level	23.5%
100-199% of poverty	62.7%
200-399% of poverty	9.8%
400% of poverty & higher	3.9%
TOTAL	99.9%

Housing-Related Questions

More than half of the homeowners who responded to the survey have paid off their homes. Nearly all seniors living in other types of housing have not paid off their homes/residences.

How Rs Pay for Housing (Part 2, #17)	House (n=99)	Mobile Home or Modular home (n=37)	Apartment/ Condominium/ Townhouse (n=78)	Hotel/ Motel or Camper/ Trailer (n=2)	Assisted Living or Board & Care (n=3)
My home is paid off	59.6%	56.8%	5.1%	-----	-----
I pay a mortgage	32.3%	13.5%	9.0%	-----	-----
I pay rent	8.1%	29.7%	85.9%	100.0%	100.0%
TOTAL	100.0%	100.0%	100.0%	100.0%	100.0%

Of all the respondents who are paying more than 30% of their incomes on housing expenses, only about half are renters; the others are either mortgage holders or property owners.

How Rs Pay for Housing (Part 2, #17)	Paying more than 30% for housing (Part 2, #18) (n=55)
My House is paid off	9.1%
My Mobile Home/Modular Home is paid off	3.6%
I pay a mortgage	38.2%
I pay rent	49.1%
TOTAL	100.0%

Transportation

Active and mobile seniors drive their own cars far more than any other means of transportation. Homebound seniors primarily rely upon friends and relatives to get them to the places they need to go.

How do you usually get where you need to go? (Part 3, Question #3)	Active Seniors (n=93)	Mobile Seniors (n=81)	Homebound Seniors (n=38)
Walk or bicycle	2.2%	-----	-----
Drive my own car	82.8%	85.2%	-----
Friends/relatives drive me	8.6%	9.9%	68.4%
Someone else is paid to drive me	-----	2.5%	13.2%
Senior bus or van	2.2%	1.2%	5.3%
Public Transportation	3.2%	-----	5.3%
Dial-a-ride or Para-transit	1.1%	1.2%	2.6%
None of these are options for me	-----	-----	-----
Other	-----	-----	5.3%
TOTAL	100.1%	100.0%	100.1%

Health Insurance

At age 65, nearly all American citizens are eligible for Medicare; certain adults with disabilities may qualify for Medicare at any age (12 are included in this sample). The first chart below illustrates the relationship between income and types of health insurances for seniors between the ages of 59 and 65. Although the number of persons represented in the table is quite small, it is noteworthy that none of the uninsured seniors and less than one-third of the seniors receiving Medi-Cal are below poverty.

Household Income (Age 60-64) (Part 2, Question #9)	Uninsured (n=3)	Medi-Cal (n=13)	Medicare (n=12)	Additional Coverage* (n=12)
Below poverty level	-----	30.8%	25.0%	25.0%
100-199% of poverty	66.7%	53.8%	50.0%	16.7%
200-399% of poverty	33.3%	7.7%	16.7%	33.3%
400% of poverty & higher	-----	7.7%	8.3%	25.0%
TOTAL	99.9%	100.0%	100.0%	100.0%

*Additional Coverage includes Retiree plans, Tricare, Long Term Care policies and other types of coverage.

Among the respondents age 65 and older, almost all (93%) do have Medicare and about one-third of those individuals do carry one or more forms of additional coverage as well. Just two people in this age bracket are uninsured. The large majority (88%) of the sampled seniors who are age 65+ and who receive Medi-Cal are also receiving Medicare; these individuals are referred to as “dual eligibles.”

Household Income (Age 65+) (Part 2, Question #9)	Uninsured (n=2)	Medi-Cal (n=50)	Medi- care (n=157)	Additional Coverage* (n=54)
Below poverty level	100.0%	34.0%	16.6%	11.1%
100-199% of poverty	-----	64.0%	48.4%	40.7%
200-399% of poverty	-----	-----	24.8%	33.3%
400% of poverty & higher	-----	2.0%	10.2%	14.8%
TOTAL	100.0%	100.0%	100.0%	99.9%

*Additional Coverage includes Retiree plans, Tricare, Long Term Care policies and other types of coverage.

Part 1: Your Health and Wellness

1) Are you filling out this survey for yourself?

94.3%	Yes
5.7%	No
	<u>Missing Data (2)</u>
100.0%	Total (244)

2) Overall, how would you describe your **health** right now?

10.5%	Excellent
45.1%	Good
35.0%	Fair
9.3%	Poor
	<u>Missing Data (9)</u>
99.9%	Total (237)

3) During the last 7 days, how many days did you do any moderate **physical activities** for at least 10 minutes? (Moderate physical activities make you breathe harder than normal.)

20.9%	None
36.4%	1-3 days
22.2%	4-6 days
20.5%	All 7 days
	<u>Missing Data (7)</u>
100.0%	Total (239)

4) In a typical day, how many times do you eat foods that are healthy for you (such as a piece of fruit, a glass of low-fat milk, a serving of chicken with no skin and no breading)?

3.4%	None
19.4%	1 time
27.8%	2 times
27.0%	3 times
19.8%	4 or more times
2.5%	I don't know
	<u>Missing Data (9)</u>
99.9%	Total (237)

5) How would you describe your **memory**?

29.7%	I have no trouble remembering things
55.9%	It takes me longer to remember things
14.4%	I sometimes forget things completely
	<u>Missing Data (10)</u>
100.0%	Total (236)

6) During the past 30 days, about how often did you feel **sad, lonely or depressed**?

2.9%	Always
14.6%	Often
50.4%	Sometimes
32.1%	Never
	<u>Missing Data (6)</u>
100.0%	Total (240)

7) Are you **limited** in any way in any activities because of physical, mental, or emotional problems?

55.7%	Yes
44.3%	No
	<u>Missing Data (18)</u>
100.0%	Total (228)

8) Do you have any chronic **health problems**? (Check all that apply)

51.6%	Arthritis
15.4%	Asthma
2.8%	Cancer
25.2%	Diabetes
15.4%	Eye disease
22.8%	Heart disease
32.1%	Hypertension
22.4%	Osteoporosis
6.9%	Stroke
13.4%	None of these
17.1%	<u>Other (42)</u>
	Total (246)

9) How many different prescription **medications** do you take?

3.6%	None	5.5%	7
10.0%	1	5.9%	8
12.7%	2	5.5%	9
12.3%	3	4.5%	10
13.2%	4	0.9%	11
13.7%	5	4.1%	12+
8.2%	6		<u>Missing (26)</u>
		100.1%	Total (220)

Average # of medications = 4.9 / respondent

10) What type of **health insurance** do you have? (Check all that apply)

2.4%	No insurance
29.3%	Medi-Cal
2.8%	Long Term Care policy
18.3%	Retiree plan
82.1%	Any Type of Medicare
66.3%	Medicare Part A
68.3%	Medicare Part B
6.5%	Part C (HMO/PPO)
36.2%	Part D (Drugs)
30.5%	Other insurance
<hr/>	
	Total (246)

11) Which **documents** do you have?

32.1%	Advance Directive
22.8%	Power of Attorney
42.7%	Will or Trust
37.4%	None of these
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	Total (246)

12) In the past 12 months, has someone **taken advantage** of you in any way?

16.9%	Yes
83.1%	No
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	Missing Data (10)
100.0%	Total (236)

If Yes, what did you do?

37.5%	Nothing
15.0%	Called APS
10.0%	Called police
37.5%	Other (15)
<hr/>	
	Total (40)

13) Have you **fallen** in the past 12 months?

39.6%	Yes
60.4%	No
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	Missing Data (6)
100.0%	Total (240)

If Yes, what happened?

75.0%	I did not hurt myself badly
14.1%	I saw my doctor for a minor injury
8.7%	I went to the ER for a serious injury
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	Missing Data (3)
100.0%	Total (92)

14) Do you provide **unpaid care** for a family member or friend?

15.9%	Yes
84.1%	No (skip to Part 2)
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	Missing Data (13)
100.0%	Total (233)

15(a) **Whom** do you help care for? (Check all that apply)

37.8%	A spouse or partner
21.6%	A disabled son or daughter
21.6%	A grandchild you are raising
5.4%	Parent or parent-in-law
21.6%	Other (8)
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	Total (37)

(b) Altogether, **how often** do you help?

16.7%	Once a month
13.9%	Once a week
19.4%	Several days/week
50.0%	Every day (24/7)
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	Missing Data (1)
100.0%	Total (36)

Part 2: You & Your Household

1) What is your sex?

72.5%	Female
27.5%	Male
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	Missing Data (24)
100.0%	Total (222)

2) What month and year were you born?

17.5%	60-64 years	Baby Boomers	
18.4%	65-69 years	(age 60-62)	11.1%
20.3%	70-74 years	Pre-boomers	
16.1%	75-79 years	(age 63-72)	40.1%
14.7%	80-84 years	Traditionalists	
8.3%	85-89 years	(age 73+)	48.8%
4.6%	90 or older	Total	100.0%
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	Missing Data (29)		
99.9%	Total (217)		

Average Age (Online Survey) = 63
 Average Age (Paper Survey) = 74
 Average Age (Overall) = 74

3) What is your racial/ethnic background?

4.2%	Alaskan Native/American Indian
0.9%	Asian
1.4%	Black/ African American
6.5%	Hispanic/ Latino
0%	Native Hawaiian/ Pacific Islander
83.2%	White
3.7%	Multi-racial
	Missing Data (32)
100.0%	Total (214)

4) What language do you speak at home?

94.8%	English Only
0.9%	Spanish Only
3.3%	Spanish & English
0.5%	Another Language Only
0.5%	Another Language & English
	Missing Data (34)
100.0%	Total (212)

5) What is your highest level of education?

11.9%	0-8th grade
24.8%	9-12th grade
40.4%	Some college
10.6%	Associate degree
6.0%	Bachelor's degree
6.4%	Graduate degree
	Missing Data (28)
100.1%	Total (218)

6) Are you a veteran?

22.6%	Yes
77.4%	No
	Missing Data (38)
100.0%	Total (208)

7) What is your work status?

5.8%	Full-time job
4.4%	Part-time job
4.9%	Homemaker
68.4%	Retired
15.5%	Disabled
1.0%	Looking for work
	Missing Data (40)
100.0%	Total (206)

8) If you volunteer, about how many hours a month do you volunteer?
28 hours on average (n=48)

9) What is your monthly income?

(a) As a Married Couple (before taxes):

25.0%	\$0— \$1,166
29.2%	\$1,167— \$2,333
29.2%	\$ 2,334— \$4,667
16.7%	\$ 4,668 or more
	Total (96)

(b) OR, as a Single Person (before taxes):

12.5%	\$0 - \$866
61.6%	\$867- \$1,733
17.9%	\$1,734 - \$3,467
8.0%	\$3,468 or more
	Total (112)

(c) Combined monthly income for Married Couples and Single Persons

17.8%	Below poverty level
46.6%	100% - 199% of poverty
23.1%	200% - 399% of poverty
12.5%	400% of poverty or higher
	Missing Data (38)
100.0%	Total (208)

10) Where does your income come from?

9.3%	Wages
33.3%	Pension
17.1%	Investments
79.7%	Social Security
17.1%	SSI/SSP
6.1%	Other
	Total (246)

11) Do you usually have enough **money** to pay for your regular expenses?

74.8% Yes
25.2% No
Missing Data (32)
100.0% Total (214)

If No, what things do you cut back on?

79.6% Food
14.8% Medicine
14.8% Medical bills
42.6% Gasoline
18.5% Credit card bills
16.7% Other
Total (54)

12) What is your **zip code**?

45.5% Marysville/Linda
14.6% Olivehurst
19.1% Rural area
6.9% Wheatland
Missing Data (34)
100.1% Total (212)

13) How many years have you lived in **Yuba County**?

30 years on average (n=201)

14) How many years have you lived in the **United States**?

72 years on average (n=210)

15) What is your current **marital status**?

34.4% Married 39.4% Widowed
0.5% Separated 16.3% Divorced
6.3% Single 3.2% Domestic partner
Missing Data (25)
100.1% Total (221)

16(a) **Whom** do you live with (either in your home or in theirs)? *(Check all that apply)*

35.8% Spouse/Partner
6.5% Son/Daughter
51.2% I live alone
4.5% Other
Total (246)

16(b) Is your spouse/partner age 60 or older?

49.1% Yes
6.4% No
44.4% Not Applicable
Missing Data (75)
99.9% Total (171)

17) How do you pay for **housing**?

37.1% My home is paid off
19.4% I pay a mortgage
43.1% I pay rent
0.4% Other
Missing Data (14)
100.0% Total (232)

18) Do you spend more than 30% of your yearly income on housing (including rent or your mortgage and property taxes)?

25.5% Yes
54.1% No
20.3% I don't know
Missing Data (15)
99.9% Total (231)

19) Do you live in a "seniors only" area?

29.6% Yes
70.4% No
Missing Data (13)
100.0% Total (233)

20) What kind of **place** do you live in?

44.0% House
16.6% Mobile home or modular home
32.4% Apartment/Condominium/Townhouse
0.8% Hotel/motel or trailer/camper
1.2% Assisted Living or Board & Care home
5.0% Other
Missing Data (5)
100.0% Total (241)

Part 3: Transportation

1) Could you take public transportation from where you live if you wanted to?	3) How do you <i>usually</i> get where you need to go (bank, doctor, etc.)?
54.5% Yes	0.9% Walk or bicycle
24.9% No	68.3% Drive my own car
20.6% Not available	20.0% Friends or relatives drive me
100.0% Total (233) Missing Data (13)	3.0% Someone else is paid to drive me
2) How would you describe your driving ?	2.6% Senior bus or van
52.1% I drive when and where I wish	2.6% Public transportation
12.7% I avoid driving in certain conditions (such as at night or on the freeway)	1.7% Dial-a-ride or Para-transit
10.6% I only drive when I have to	0.9% Other
24.6% I do not drive at all	----% None of these are options for me
100.0% Total (236) Missing Data (10)	Missing Data (16)
	100.0% Total (230)

Part 4: Daily Activities

1) Below is a list of activities that are difficult for some people.

DAILY ACTIVITIES	I HAVE TROUBLE WITH THIS (Total = 246)	I GET HELP WITH THIS (Total = 246)	Percent of Those Who Get Help AND Still Have Trouble With This
Eating	2.4%	2.4%	0%
Getting up from a chair	20.7%	4.9%	75.0%
Using the toilet	4.9%	2.0%	60.0%
Getting in and out of bed	6.1%	0.8%	50.0%
Dressing and undressing	7.3%	1.6%	25.0%
Walking across a room (with a cane or walker if one is normally used)	11.0%	3.3%	62.5%
Bathing or showering	10.2%	2.4%	50.0%
Getting up and down stairs	28.5%	4.1%	80.0%
Preparing meals	11.4%	5.3%	61.5%
Shopping	15.4%	8.1%	6.5%
Using a telephone	2.8%	0.8%	0%
Reading (with glasses if applicable)	18.7%	2.8%	85.7%
Managing money (balancing a checkbook)	7.3%	4.9%	41.7%
Managing medications	6.1%	4.9%	58.3%
Light housework (vacuuming, dishes, etc.)	25.6%	9.3%	82.6%
Heavy housework (laundry, windows, etc.)	38.6%	15.4%	76.3%

2) Are you and/or your spouse or partner **unable** to get the help that you need with any of these daily activities for any reason?

20.6% Yes 79.4% No 100.0% Total (136) Missing Data (110)

Part 5: Needs and Concerns

1) Below is a list of things that could trouble you and/or your spouse or partner.

Things that Concern Seniors	Is this an Issue for you and/or your spouse or partner Right Now? (Total = 246)	Do you need HELP with this? (Total = 246)
Finding services or benefits that could help me	26.4%	15.4%
Having a serious fall	26.0%	6.1%
Planning for future long term care needs	24.4%	10.2%
Getting someone to do major home repairs	22.8%	14.6%
Paying for dental care	22.0%	13.4%
Getting minor home repairs and/or modifications	18.7%	13.0%
Dealing with loneliness or depression	18.3%	8.1%
Paying for medicines (prescription drugs)	17.9%	8.5%
Getting help with wills, trusts, powers of attorney	17.9%	12.2%
Getting someone to do yard work	17.5%	12.6%
Being able to continue living in my home	16.7%	8.5%
Getting the kind of medical care that I/we need	16.3%	10.2%
Paying out-of-pocket for in-home care	16.3%	10.6%
Paying for medical care (doctor/hospital bills)	15.0%	5.7%
Understand health care options	14.6%	8.9%
Being able to continue driving a car safely	12.6%	3.7%
Getting transportation for medical appointments	12.2%	7.7%
Finding a reliable person to do in-home care	12.2%	9.8%
Having enough food to eat	12.2%	5.3%
Paying out-of-pocket for outside home care	11.4%	7.3%
Getting transportation for errands (bank, etc.)	10.2%	6.1%
Being taken advantage of financially	9.8%	4.9%
Paying for housing	9.3%	3.3%
Dealing with dementia/Alzheimer's disease	7.7%	4.1%
Being emotionally abused by someone	7.7%	5.3%
Caring for grandchildren	4.5%	1.2%
Finding a job	2.8%	2.0%
Being physically abused by someone	1.6%	1.2%

Average number of concerns per Respondent = 4.0

Average number of things each Respondent needs help with = 2.2

Part 5: Needs and Concerns (continued)

2(a) Which of the things listed on the previous page concerns you the most right now?

15.0%	NO CONCERNS	5.4%	Long Term Care
12.2%	Health care	5.4%	Falling
11.6%	Finances	4.8%	Staying at home/Being independent
10.2%	Home repairs	3.4 %	Yard
6.1%	Transportation	3.4%	Dementia
6.1%	Dental	16.5%	Miscellaneous remarks
Total (147)			

(b) Is there anything else that concerns you a great deal right now?

38.7%	NO CONCERNS	3.2%	Legal services
11.8%	Health care	3.2%	Staying at home/being independent
8.6%	Finances	3.2%	Social Activities
5.4%	Economy	3.2%	Home repair
4.3%	Find services	14.3%	Miscellaneous remarks
4.3%	Transportation	Total (93)	

(c) Are there any issues that are not a concern for you now, but may become a serious problem for you in the next 4 years? If so, please explain.

21.4%	Health care	4.1%	Driving
14.3%	NO CONCERNS	4.1%	Find services
10.2%	Finances	4.1%	Home repair
8.2%	Staying at home/being independent	3.1%	Dementia
7.1%	Transportation	3.1%	Housing
6.1%	In-home care	13.0%	Miscellaneous remarks
Total (98)			

Part 6: Services You Use

1(a) Which of the following services have you and/or your spouse or partner used in the last 12 months? (Check all that apply)

6.1%	Adult Day Care	3.7%	Private pay home care
2.4%	Adult Protective Services (APS)	11.8%	Senior centers (please specify)
11.8%	Brown Bag (Community Resources Council)	2.8%	Brownsville center
4.5%	Caregiver respite (Home Health Care Mgmt)	14.2%	Marysville center
1.2%	Dialysis treatment	2.0%	Wheatland center
1.2%	Other caregiver services (Del Oro CRC)	10.6%	Senior meals
6.1%	FREED (please specify)	3.3%	Transportation (please specify)
3.7%	Fix-It Program	7.3%	Fixed route bus
3.7%	Other FREED	7.3%	Dial-a-ride
1.6%	Health Insurance Counseling (HICAP)	3.3%	Medi-Car
3.7%	Home-delivered meals	4.9%	Taxi
0.4%	Hospice	8.5%	Veterans services
5.3%	In-Home nursing care	13.4%	Yuba-Sutter Senior Legal Services
9.8%	In-Home Supportive Services (IHSS)	11.0%	Information & Assistance
2.0%	Individual medication management	14.6%	Senior Legal Services
4.9%	Mental Health Services	3.3%	Other (8)
0.4%	Ombudsman services	Total (246)	

(b) Please make any comments about the services you received in the space below.

43.1%	Positive	5.9%	Negative	51.0%	Neutral	Total (51)
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Part 7: Additional Yuba County Questions

1) In your opinion, how important is it that each of these are available to local seniors?

	Very important	Somewhat important	Not important	I don't know	Total
(a) Having someone make phone calls to check on older people who are lonely. (Total = 215)	60.9%	25.6%	5.1%	8.4%	100.0%
(b) Having someone visit older people in their homes. (Total =214)	50.5%	34.1%	7.0%	8.4%	100.0%
(c) Having counselors for older people who are feeling down or depressed. (Total = 209)	65.1%	23.9%	4.3%	6.7%	100.0%
(d) Having support groups for older people who have suffered a loss. (Total = 209)	60.3%	28.7%	5.7%	5.3%	100.0%

2) If they were available to you, check which programs you would be interested in using?

22.4%	Stretching classes for seniors	19.1%	Bingo
21.5%	Strength training classes for seniors	15.4%	Card games
14.6%	Tai chi/ Yoga classes	28.5%	Computer classes
23.2%	Art and Crafts	7.7%	Other (19)
		<hr/>	
		Total (246)	

3) In case of an emergency such as fire, do you have a plan to evacuate from your home?

71.1%	Yes
28.9%	No
<hr/>	
	Missing Data (35)

100.0% Total (211)

4) If an emergency left you without electricity, about how many days could you safely stay in your home before you'd need either food, water, medicine, heat or air conditioning?

9.9%	None
9.9%	1day
26.8%	2-3days
19.2%	4-5 days
9.9%	6-7days
24.4%	More that 7days
<hr/>	
	Missing Data (33)

100.1% Total (213)

Part 7: Questions for Yuba County Seniors (continued)

5) During the summer, are you able to deal with extreme heat? (check the best answer)

- 9.3% My fan or swamp cooler or air conditioner was not able to keep me as cool as I like
- 19.4% The price of electricity or gas or propane kept me from staying as cool as I like
- 71.3% I was able to stay as cool as I like

Missing Data (30)

100.0% Total (216)

6) In what town or community do you live?

Marysville/Linda 43.4% Foothills 28.3% Olivehurst 14.6% Wheatland 6.4% Other 7.3%

100.0% Total (219) Missing Data (27)

7) Do you feel you could safely walk around your neighborhood during the day?

85.7% Yes 14.3% No Missing Data (23)

100.0% Total (223)

IF No, why not?

Not able 25.0% "Bad elements" 25.0% Sidewalk bad/missing 15.6%

Traffic 12.5% Other 21.9% Missing (0)

100.0% Total (32)

8)(a) In your opinion, how important is it that public transportation be available in All areas of Yuba County?

- 75.3% Very important
- 20.9% Somewhat important
- 1.9% Not important
- 1.9% I don't know

Missing Data (31)

100.0% Total (215)

(b) If you were able to take public transportation to get anywhere within Yuba County, would you use the system?

53.5% Yes 18.4% No 28.1% I don't know Missing Data (29)

100.0% Total (217)

(c) If yes, to which places or towns would you ride?

Yuba City 46.6% Marysville 35.3% Shopping 12.1% Doctor Visits 8.6% Total (116)

(d) How important is having wheelchair accessible taxi service during non transit hours?

- 47.1% Very important
- 23.5% Somewhat important
- 14.9% Not important
- 14.5% I don't know

Missing Data (25)

100.0% Total (221)

2008 Senior Survey: Top Concerns by Sex

Overall, the concerns expressed by male and female seniors vary considerably. The items that vary the most are shown in **bold red**. In short, the men appear *less* concerned than the women about minor home repairs and transportation to medical appointments but *more* concerned about being able to continue living at home, understanding health care options and being able to continue driving. On average, older women have more concerns than older men.

Overall Rank (n=246)	Overall Percent	Things that Concern Seniors in YUBA County	MALE SENIORS (n=61)	FEMALE SENIORS (n=161)
1	26.4%	Finding services or benefits that could help me	3	T-1
2	26.0%	Having a serious fall	T-1	T-1
3	24.4%	Planning for future long term care needs	T-5	3
4	22.8%	Getting someone to do major home repairs	T-5	4
5	22.0%	Paying for dental care	T-8	5
6	18.7%	Getting minor home repairs and/or modifications	T-17	6
7	18.3%	Dealing with loneliness or depression	T-1	8
T-8	17.9%	Paying for medicines (prescription drugs)	T-11	7
T-8	17.9%	Getting help with wills, trusts, powers of attorney	T-8	T-9
10	17.5%	Getting someone to do yard work	T-11	T-9
11	16.7%	Being able to continue living in my home	4	T-14
T-12	16.3%	Getting the kind of medical care that I/we need	T-11	T-9
T-12	16.3%	Paying out-of-pocket for in-home care	T-8	13
14	15.0%	Paying for medical care (doctor/hospital bills)	T-11	12
15	14.6%	Understand health care options	T-5	17
16	12.6%	Being able to continue driving a car safely	T-11	22
T-17	12.2%	Getting transportation for medical appointments	24	T-14
T-17	12.2%	Finding a reliable person to do in-home care	T-11	T-18
T-17	12.2%	Having enough food to eat	T-21	T-14
20	11.4%	Paying out-of-pocket for care outside the home	T-17	T-18
21	10.2%	Getting transportation for errands (bank, etc.)	T-21	T-18
22	9.8%	Being taken advantage of financially	T-17	T-24
23	9.3%	Paying for housing	T-17	23
T-24	7.7%	Dealing with dementia/ Alzheimer's disease	23	T-24
T-24	7.7%	Being emotionally abused by someone	T-25	T-18
26	4.5%	Caring for grandchildren	T-25	26
27	2.8%	Finding a job	T-25	28
28	1.6%	Being physically abused by someone	28	27
4.0		Average Concerns per Respondent	4.4	3.9

2008 Senior Survey: Top Concerns by Ability Level

The top concerns of seniors vary according to their abilities. The mobile seniors' concerns are fairly similar to the overall results (see the Overall Rank) while the needs of homebound individuals are the most different. In particular, homebound seniors appear *more* concerned about transportation and legal help and *less* concerned about home repairs than their peers. Active senior respondents cited the lowest number of concerns on average; homebound respondents cited more than twice as many.

Overall Rank (n=246)	Overall Percent	Things that Concern Seniors in YUBA County	ACTIVE SENIORS (n=101)	MOBILE SENIORS (n=82)	HOMEBOUND SENIORS (n=40)
1	26.4%	Finding services or benefits that could help me	3	2	1
2	26.0%	Having a serious fall	T-5	1	T-2
3	24.4%	Planning for future long term care needs	T-5	T-4	T-2
4	22.8%	Getting someone to do major home repairs	1	3	T-13
5	22.0%	Paying for dental care	2	6	T-8
6	18.7%	Getting minor home repairs and/or modifications	T-5	T-7	T-16
7	18.3%	Dealing with loneliness or depression	4	T-7	T-13
T-8	17.9%	Paying for medicines (prescription drugs)	T-14	T-11	T-6
T-8	17.9%	Getting help with wills, trusts, powers of attorney	T-12	T-13	T-2
10	17.5%	Getting someone to do yard work	T-9	T-4	T-19
11	16.7%	Being able to continue living in my home	T-12	T-13	12
T-12	16.3%	Getting the kind of medical care that I/we need	T-14	T-11	T-6
T-12	16.3%	Paying out-of-pocket for in-home care	T-20	9	T-8
14	15.0%	Paying for medical care (doctor/hospital bills)	8	17	T-13
15	14.6%	Understand health care options	T-9	T-13	T-19
16	12.6%	Being able to continue driving a car safely	T-14	T-18	T-21
T-17	12.2%	Getting transportation for medical appointments	19	T-25	T-2
T-17	12.2%	Finding a reliable person to do in-home care	T-24	10	T-16
T-17	12.2%	Having enough food to eat	23	T-18	T-10
20	11.4%	Paying out-of-pocket for care outside the home	T-20	T-13	T-21
21	10.2%	Getting transportation for errands (bank, etc.)	T-20	T-22	T-10
22	9.8%	Being taken advantage of financially	T-9	20	T-24
23	9.3%	Paying for housing	T-24	21	T-16
T-24	7.7%	Dealing with dementia/Alzheimer's disease	T-14	T-22	T-24
T-24	7.7%	Being emotionally abused by someone	T-14	T-22	23
26	4.5%	Caring for grandchildren	27	T-25	26
27	2.8%	Finding a job	26	28	27
28	1.6%	Being physically abused by someone	28	27	28
4.0		Average Concerns per Respondent	2.7	4.8	5.7

2008 Senior Survey: Top Concerns by Geography

The top concerns of seniors living in the Marysville/Linda area (the 95901 zip code) are the most similar to the overall rankings for Yuba County; this is to be expected because they comprise the largest portion of the sample. Responses from seniors in the Wheatland area differed the most; however, those finding should be treated cautiously given the small number of persons in question. On average, respondents from Olivehurst cited the most concerns -- almost twice as many as those living in the "Rural Areas" category.

Overall Rank (n=246)	Overall Percent	Things that Concern Seniors in YUBA County	OLIVE-HURST (n=36)	MARYS-VILLE (n=112)	RURAL AREAS (n=47)	WHEAT-LAND (n=17)
1	26.4%	Finding services or benefits that could help me	3	5	2	1
2	26.0%	Having a serious fall	1	1	7	T-13
3	24.4%	Planning for future long term care needs	T-8	T-3	T-3	2
4	22.8%	Getting someone to do major home repairs	T-6	T-3	1	T-22
5	22.0%	Paying for dental care	T-15	2	T-8	T-3
6	18.7%	Getting minor home repairs and/or modifications	T-8	T-6	T-3	T-13
7	18.3%	Dealing with loneliness or depression	T-4	8	T-8	T-3
T-8	17.9%	Paying for medicines (prescription drugs)	T-8	T-6	T-19	T-5
T-8	17.9%	Getting help with wills, trusts, powers of attorney	2	T-14	T-10	T-5
10	17.5%	Getting someone to do yard work	T-12	T-9	T-3	T-13
11	16.7%	Being able to continue living in my home	T-19	T-16	T-3	T-13
T-12	16.3%	Getting the kind of medical care that I/we need	T-6	T-11	T-10	T-5
T-12	16.3%	Paying out-of-pocket for in-home care	T-12	T-14	T-10	T-5
14	15.0%	Paying for medical care (doctor/hospital bills)	T-15	T-9	T-10	T-5
15	14.6%	Understand health care options	T-15	T-11	T-16	T-13
16	12.6%	Being able to continue driving a car safely	26	T-11	T-10	T-22
T-17	12.2%	Getting transportation for medical appointments	T-15	T-18	T-22	T-5
T-17	12.2%	Finding a reliable person to do in-home care	T-4	T-22	T-16	T-13
T-17	12.2%	Having enough food to eat	T-8	T-16	T-22	T-22
20	11.4%	Paying out-of-pocket for care outside the home	T-12	T-18	T-16	T-22
21	10.2%	Getting transportation for errands (bank, etc.)	T-21	21	T-19	T-5
22	9.8%	Being taken advantage of financially	T-19	25	T-10	T-13
23	9.3%	Paying for housing	T-23	T-18	T-19	T-13
T-24	7.7%	Dealing with dementia/Alzheimer's disease	T-21	T-22	T-22	T-13
T-24	7.7%	Being emotionally abused by someone	T-23	T-22	T-26	T-5
26	4.5%	Caring for grandchildren	T-23	26	T-26	T-27
27	2.8%	Finding a job	28	27	T-22	T-27
28	1.6%	Being physically abused by someone	27	28	28	T-22
4.0		Average Concerns per Respondent	5.8	3.9	3.0	4.6

