



2008 Senior Survey

for people 60 and older in
Yolo County

Paper Surveys Returned = 404

Online Surveys Completed = 426

Total Sample Size = 830

Serving Nevada, Placer, Sacramento, Sierra, Sutter, Yolo & Yuba Counties

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2008 Senior Survey: The YOLO County Sample

The Overall Sample

Population age 60+ living in Yolo County in 2008 = 26,907

Target Sample = 400 surveys (roughly 1.5% of the 60+ population)

Actual Sample = 830 surveys (3.1% of the 60+ population); margin of error = 3.35%

Paper Survey Response Rate = 27.5%

Demographic Targets and Results

Married couples were asked to complete a single survey; however, we cannot guarantee that those instructions were followed. It is likely that a fair number of couples submitted two surveys – one for each person in the marriage or domestic partnership. Therefore, the 830 total responses likely represent fewer than 830 separate senior households. Overall, females are over-represented by a significant margin; the margin is less when looking at reported needs data (from Parts 4 and 5 in the survey) because it includes the needs of spouses and partners.

Sex	Target Percent (N=26,907)	Result (n=797)	Percent Living with Spouse/ Partner age 60+ (n=333)	Result including 60+ couples* (n=1130)
Men	45%	36.4%	58.3%	40.2%
Women	55%	63.6%	32.3%	59.8%
TOTAL	100%	100.0%	n/a	100.0%

*To make this calculation, we have assumed each respondent's spouse/partner is of the opposite sex; some may not be.

The household income table below illustrates that persons in the highest income category were over-sampled and those in the 100-199% of poverty range were under-sampled; this is likely associated with regional sampling discrepancies (see next page). The race/ethnicity table shows a fairly accurate representation of the true senior population with the exception of both Asian and Hispanic/Latino elders who were under-sampled.

Respondents' Household Income (As a single person or as a married couple)	Target Percent (N=26,907)	Actual Percent (n=770)
Below poverty level*	7%	6.1%
100-199% of poverty	42%	16.0%
200-399% of poverty	27%	25.3%
400% of poverty & up	24%	52.6%
TOTAL	100%	100.0%

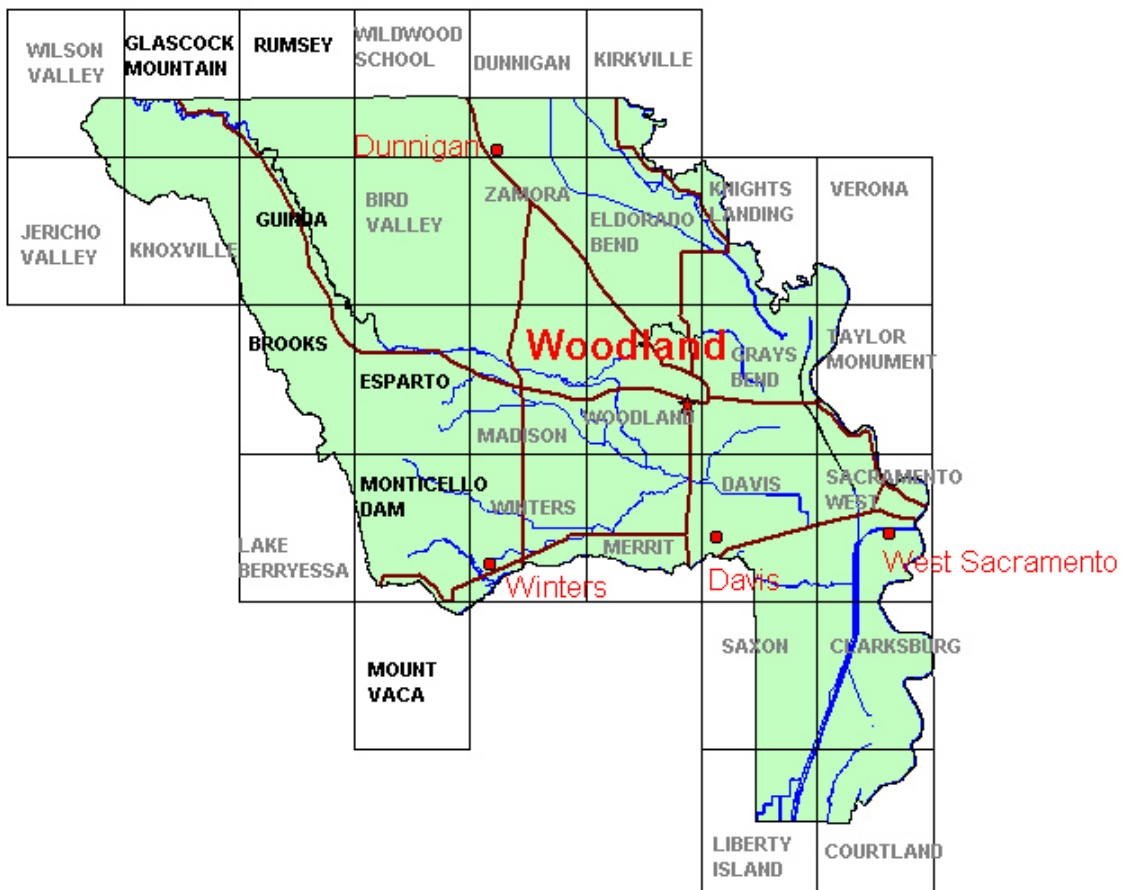
*In 2008 the poverty level was \$10,400 for a single person and \$14,000 for a couple.

Respondents' Race/Ethnicity	Target Percent (N=26,907)	Actual Percent (n=791)
White/Caucasian	74%	85.3%
Hispanic/Latino	16%	6.3%
Asian	6%	2.5%
Pacific Islander	0%	0.1%
Black/African American	2%	1.4%
Native American	1%	1.0%
Multi-racial	1%	3.3%
TOTAL	100%	99.9%

Geographic Targets and Results

The geographic targets were based upon partial information for the population within city limits. The 2008 Senior Survey uses each respondent's zip code to establish where they live. The zip codes in Yolo County correspond to the target areas fairly well, but not perfectly. The table below demonstrates that Davis was over-sampled and West Sacramento was under-sampled. Although measures were in place to control this type of outcome with the paper surveys, a disproportionate amount of online responses from Davis exacerbated the discrepancy.

Area where Respondent Lives	Target Percent (N=26,907)	Actual Percent (n=783)
Davis (city limits) 95616, 95617, 95618, 95620	26%	49.6%
West Sacramento (city limits) 95605, 95691	25%	7.9%
Winters (city limits) 95694	3%	2.6%
Woodland (city limits) 95695, 95776, 95965	32%	31.8%
All rural areas 95607, 95612, 95625, 95627, 95645, 95679, 95697, 95698, 95912, 95937, 95987	14%	8.2%
TOTAL	100%	100.1%



Distribution Plan: Targets and Results

For the purposes of reaching ALL older adults, we conceptualized three different categories of seniors: Active Seniors, Mobile Seniors, and Homebound Seniors. Our expectation was that most Active Seniors would be between the ages of 60 and 74, most Mobile Seniors would be between 75 and 84, and most Homebound Seniors would be 85 and older. What we found was a much weaker correlation between age and ability than was expected. In fact, the average age of the Active Seniors sampled was 71 (at the high end of the expected range), the average age of the Mobile Seniors was 72 (below the range entirely), and the average age of the Homebound group was 79 (well below the range entirely). This finding appears to be caused by two emerging trends; namely that more people are turning 60 with existing disabilities, and that more people are living to advanced ages who have no disabilities.

Categories based on Ability Levels	Target Percent (N=400)	Actual Percent (n=777)
Active Seniors (no disabilities)	63.0%	59.1%
Mobile Seniors (some disabilities; do drive)	20.0%	32.4%
Homebound (some disabilities; do not drive)	17.0%	8.5%
TOTAL	100.0%	100.0%

Categories based on Ability Levels	Percent Aged 60 - 74	Percent Aged 75 - 84	Percent Aged 85+	TOTAL
Active Seniors (n=432)	68.8%	21.8%	9.5%	100.1%
Mobile Seniors (n=245)	58.8%	29.8%	11.4%	100.0%
Homebound (n=63)	36.5%	23.8%	39.7%	100.0%

Categories based on Ability Levels	Percent Active Seniors	Percent Mobile Seniors	Percent Homebound Seniors	TOTAL
Baby Boomers (n=138) Ages 60-62 in 2008	65.2%	31.9%	2.9%	100.0%
Pre-Boomers (n=288) Ages 63-72 in 2008	63.5%	30.9%	5.6%	100.0%
Traditionalists (n=314) Ages 73-108 in 2008	50.6%	35.7%	13.7%	100.0%

The red font represents the cells where a majority of the cases were expected to appear for each category.

2008 Senior Survey: Additional Analysis

Income-Related Questions

Interestingly, less than one-third of all the Respondents who said they do not usually have enough money for regular expenses were below poverty.

Respondents' (Rs') Household Income (from Question #24)	Do Not Have Enough \$ for Regular Expenses (Question #26) (n=86)
Below poverty level	30.2%
100-199% of poverty	38.4%
200-399% of poverty	15.1%
400% of poverty & higher	16.3%
TOTAL	100.0%

Housing-Related Questions

Nearly half of the seniors who live in houses and mobile homes have paid off their residences. Most of the seniors in other types of housing are paying rent.

How Rs Pay for Housing (Question #32)	House (n=509)	Mobile Home or Modular home (n=66)	Apartment/Condominium/Townhouse (n=130)	Hotel/Motel or Camper/Trailer (n=2)	Assisted Living or Board & Care (n=23)
My home is paid off	46.6%	45.5%	6.9%	---	4.3%
I pay a mortgage	45.4%	19.7%	10.8%	---	---
I pay rent	8.1%	34.8%	82.3%	100.0%	95.7%
TOTAL	100.1%	100.0%	100.0%	100.0%	100.0%

Of all the respondents who are paying more than 30% of their incomes on housing expenses, only about half are renters; the others are either mortgage holders or property owners.

How Rs Pay for Housing (Question #32)	Paying more than 30% for housing (Question #33) (n=200)
My House is paid off	4.0%
My Mobile Home/Modular Home is paid off	5.5%
I pay a mortgage	41.0%
I pay rent	49.5%
TOTAL	100.0%

Transportation

Active and mobile seniors drive their own cars far more than any other means of transportation. Homebound seniors primarily rely upon friends and relatives to get them to the places they need to go.

How do you usually get where you need to go? (Question #38)	Active Seniors (n=434)	Mobile Seniors (n=249)	Homebound Seniors (n=64)
Walk or bicycle	10.8%	4.8%	1.6%
Drive my own car	82.0%	83.9%	---
Friends/relatives drive me	4.1%	7.2%	53.1%
Someone else is paid to drive me	---	1.6%	12.5%
Senior bus or van	1.2%	1.6%	20.3%
Public Transportation	1.6%	0.4%	7.8%
Dial-a-ride or Para-transit	---	---	---
None of these are options for me	0.2%	---	4.7%
Other	---	0.4%	---
TOTAL	99.9%	99.9%	100.0%

Health Insurance

At age 65, nearly all American citizens are eligible for Medicare; certain adults with disabilities may qualify for Medicare at an earlier age (21 are included in this sample). The first chart below illustrates the relationship between income and types of health insurances for seniors between the ages of 60 and 65. Notably, less than 40% of seniors receiving Medi-Cal are below poverty. While most seniors do have additional health coverage; it is generally limited to the higher income individuals in this age range.

Household Income (Age 60-64) (Question #24)	Uninsured (n=3)	Medi-Cal (n=14)	Medicare (n=21)	Additional Coverage* (n=191)
Below poverty level	---	35.7%	9.5%	0.5%
100-199% of poverty	33.3%	42.9%	38.1%	5.2%
200-399% of poverty	33.3%	---	33.3%	19.9%
400% of poverty & higher	33.3%	21.4%	19.0%	74.3%
TOTAL (219)	99.9%	100.0%	99.9%	99.9%

*Additional Coverage includes Retiree plans, Tricare, Long Term Care policies and other types of coverage.

Among the respondents age 65 and older, the large majority do have Medicare and about two-thirds of those individuals do carry one or more forms of additional coverage as well. Just two people in this age bracket are uninsured. About three-quarters of the sampled seniors age 65+ who receive Medi-Cal are also receiving Medicare; these individuals are referred to as “dual eligibles.”

Household Income (Age 65+) (Question #24)	Uninsured (n=2)	Medi-Cal (n=59)	Medicare (n=427)	Additional Coverage* (n=363)
Below poverty level	50.0%	42.4%	7.7%	2.5%
100-199% of poverty	50.0%	33.9%	21.1%	14.9%
200-399% of poverty	---	11.9%	29.0%	28.1%
400% of poverty & higher	---	11.9%	42.2%	54.5%
TOTAL (551)	100.0%	100.1%	100.0%	100.0%

*Additional Coverage includes Retiree plans, Tricare, Long Term Care policies and other types of coverage.

Part 1: Your Health and Wellness

1) Are you filling out this survey for yourself?

95.5% Yes
 4.5% No
 Missing Data (0)
 100.0% Total (830)

2) Overall, how would you describe your **health** right now?

28.2% Excellent
 51.3% Good
 16.1% Fair
 4.4% Poor
 Missing Data (11)
 100.0% Total (819)

3) During the last 7 days, how many days did you do any moderate **physical activities** for at least 10 minutes? (Moderate physical activities make you breathe harder than normal.)

11.5% None
 34.2% 1-3 days
 31.7% 4-6 days
 22.5% All 7 days
 Missing Data (14)
 99.9% Total (816)

4) In a typical day, how many times do you eat foods that are healthy for you (such as a piece of fruit, a glass of low-fat milk, a serving of chicken with no skin and no breading)?

1.5% None
 9.2% 1 time
 22.6% 2 times
 35.0% 3 times
 30.7% 4 or more times
 1.0% I don't know
 Missing Data (7)
 100.0% Total (823)

5) How would you describe your **memory**?

39.5% I have no trouble remembering things
 48.3% It takes me longer to remember things
 12.2% I sometimes forget things completely
 Missing Data (18)
 100.0% Total (812)

6) During the past 30 days, about how often did you feel **sad, lonely or depressed**?

1.3% Always
 8.0% Often
 50.9% Sometimes
 39.8% Never
 Missing Data (8)
 100.0% Total (822)

7) Are you **limited** in any way in any activities because of physical, mental, or emotional problems?

42.4% Yes
 57.6% No
 Missing Data (33)
 100.0% Total (797)

8) Do you have any chronic **health problems**? (Check all that apply)

36.0% Arthritis
 11.0% Asthma
 5.7% Cancer
 15.3% Diabetes
 11.0% Eye disease
 13.1% Heart disease
 28.3% Hypertension
 14.2% Osteoporosis
 2.8% Stroke
 22.9% None of these
 16.1% Other (134)
 Total (830)

9) How many different prescription **medications** do you take?

12.1%	0	3.7%	7
14.6%	1	3.8%	8
11.1%	2	2.0%	9
18.1%	3	1.5%	10
12.4%	4	0.4%	11
11.1%	5	3.0%	12
6.0%	6	Missing (118)	
		99.8%	Total (712)

Average # of medications = 3.7 / respondent

10) What type of **health insurance** do you have? *(Check all that apply)*

0.6%	No insurance
9.8%	Medi-Cal
18.9%	Long Term Care policy
28.3%	Retiree plan
1.4%	Tricare
57.6%	Any Type of Medicare
41.0%	Medicare Part A
42.7%	Medicare Part B
12.7%	Part C (HMO/PPO)
18.2%	Part D (Drugs)
40.0%	Other insurances
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	Total (830)

11) Which **documents** do you have?

49.5%	Advance Directive
36.5%	Power of Attorney
64.1%	Will or Trust
23.3%	None of these
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	Total (830)

12) In the past 12 months, has someone **taken advantage** of you in any way?

8.2%	Yes
91.8%	No
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	Missing Data (28)
100.0%	Total (802)

If Yes, what did you do?

43.9%	Nothing
21.2%	Called APS
9.1%	Called police
24.2%	Other
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	Total (66)

13) Have you **fallen** in the past 12 months?

30.6%	Yes
69.4%	No
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	Missing Data (11)
100.0%	Total (819)

If Yes, what happened?

70.1%	I did not hurt myself badly
18.0%	I saw my doctor for a minor injury
11.9%	I went to the ER for a serious injury
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	Missing Data (7)
100.0%	Total (244)

14) Do you provide **unpaid care** for a family member or friend?

15.0%	Yes
85.0%	No
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	Missing Data (31)
100.0%	Total (799)

15(a) **Whom** do you help care for? *(Check all that apply)*

33.3%	A spouse or partner
10.8%	A disabled son or daughter
8.3%	A grandchild you are raising
28.3%	Parent or parent-in-law
30.8%	Other
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	Total (120)

(b) Altogether, **how often** do you help?

9.6%	Once a month
20.0%	Once a week
36.0%	Several days/week
34.4%	Every day (24/7)
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	Missing Data (-5)
100.0%	Total (125)

Part 2: You & Your Household

16) What is your sex?

63.6%	Female
36.4%	Male
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	Missing Data (33)
100.0%	Total (797)

17) What month and year were you born?

28.7%	60-64 years	Baby Boomers	
19.9%	65-69 years	(age 60-62)	18.5%
13.7%	70-74 years	Pre-boomers	
11.7%	75-79 years	(age 63-72)	38.4%
12.9%	80-84 years	Traditionalists	
9.3%	85-89 year	(age 73+)	43.0%
3.7%	90 or older	Total	99.9%
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		Missing Data (47)	
99.9%	Total (783)		

Average Age (Online Survey) = 72

Average Age (Paper Survey) = 72

Average Age (Overall) = 72

18) What is your racial/ethnic background?	
1.0%	Alaskan Native/American Indian
2.5%	Asian
1.4%	Black/ African American
6.3%	Hispanic/ Latino
1.0%	Native Hawaiian/ Pacific Islander
85.3%	White
3.3%	Multi-racial
	Missing (39)
99.9%	Total (791)

19) What language do you speak at home?	
93.1%	English Only
1.9%	Spanish Only
2.3%	Spanish & English
0.7%	Another Language Only
2.0%	Another Language & English
	Missing (25)
100.0%	Total (805)

20) What is your highest level of education?	
2.7%	0-8th grade
15.7%	9-12th grade
20.1%	Some college
8.0%	Associate degree
21.4%	Bachelor's degree
32.0%	Graduate degree
	Missing Data (28)
99.9%	Total (802)

21) Are you a veteran?	
21.5%	Yes
78.5%	No
	Missing Data (53)
100.0%	Total (777)

22) What is your work status?	
24.9%	Full-time job
10.5%	Part-time job
3.2%	Homemaker
55.6%	Retired
5.2%	Disabled
0.8%	Looking for work
	Missing Data (38)
100.2%	Total (792)

23) If you volunteer, about how many hours a month do you volunteer?
18 hours on average (n=267)

24) What is your monthly income?	
(a) As a Married Couple (before taxes):	
3.9%	\$0— \$1,166
7.1%	\$1,167— \$2,333
21.3%	\$ 2,334— \$4,667
67.6%	\$ 4,668 or more
99.9%	Total (408)

(b) OR, as a Single Person (before taxes):	
8.6%	\$0 - \$866
26.0%	\$867- \$1,733
29.8%	\$1,734 - \$3,467
35.6%	\$3,468 or more
100.0%	Total (362)

(c) Combined monthly income for Married Couples and Single Persons	
6.1%	Below poverty level
16.0%	100% - 199% of poverty
25.3%	200% - 399% of poverty
52.6%	400% of poverty or higher
	Missing (60)
100.0%	Total (770)

25) Where does your income come from?	
36.3%	Wages
51.2%	Pension
31.2%	Investments
61.0%	Social Security
4.7%	SSI/SSP
8.2%	Other
	Total (830)

26) Do you usually have enough **money** to pay for your regular expenses?

88.8% Yes

11.2% No

Missing Data (28)

100.0% Total (802)

If No, what things do you cut back on?

74.4% Food

17.8% Medicine

6.7% Medical bills

54.4% Gasoline

44.4% Credit card bills

17.8% Other

Total (90)

27) What is your **zip code**?

49.6% Davis

8.2% Rural Areas

7.9% West Sacramento

2.6% Winters

31.8% Woodland

Missing Data (47)

100.1% Total (783)

28) How many years have you lived in Yolo **County**?

30.3 years on average

29) How many years have you lived in the **United States**?

67.7 years on average

30) What is your current **marital status**?

50.9% Married 21.8% Widowed

1.3% Separated 18.6% Divorced

6.1% Single 1.4% Domestic partner

Missing Data (30)

100.1% Total (800)

31(a) **Whom** do you live with (either in your home or in theirs)? *(Check all that apply)*

49.6% Spouse/Partner

7.1% Son/Daughter

36.4% I live alone

3.3% Other

Total (830)

(b) Is your spouse/partner age 60 or older?

56.2% Yes

11.7% No

32.0% Not Applicable

Missing (181)

99.9% Total (649)

32) How do you pay for **housing**?

34.8% My home is paid off

33.0% I pay a mortgage

25.5% I pay rent

6.7% Other

Missing (29)

100.0% Total (830)

33) Do you spend more than 30% of your yearly income on housing (including rent or your mortgage and property taxes)?

28.0% Yes

62.4% No

9.6% I don't know

Missing Data (45)

100.0% Total (785)

34) Do you live in a "seniors only" area?

22.3% Yes

77.7% No

Missing Data (38)

100.0% Total (792)

35) What kind of **place** do you live in?

65.6% House

8.3% Mobile home or modular home

18.2% Apartment/Condominium/Townhouse

0.2% Hotel/motel or trailer/camper

4.0% Assisted Living or Board & Care home

2.0% Continuing Care Retirement Community

1.7% Other

Missing (23)

100.0% Total (807)

Part 3: Transportation

36) Could you take **public transportation** from where you live if you wanted to?

75.2% Yes

16.7% No

8.1% Not available

100.0% Total (777) Missing Data (53)

37) How would you describe your **driving**?

64.0% I drive when and where I wish

14.7% I avoid driving in certain conditions (such as at night or on the freeway)

8.5% I only drive when I have to

12.7% I do not drive at all

99.9% Total (787) Missing Data (43)

38) How do you *usually* get where you need to go (bank, doctor, etc.)?

8.2% Walk or bicycle

75.5% Drive my own car

9.2% Friends or relatives drive me

1.7% Someone else is paid to drive me

2.8% Senior bus or van

1.8% Public transportation

0% Dial-a-ride or Para-transit

0.3% Other

0.5% None of these are options for me

Missing (50)

100.0% Total (780)

Part 4: Daily Activities

39) Below is a list of activities that are difficult for some people.

DAILY ACTIVITIES	I HAVE TROUBLE WITH THIS (Total=830)	I GET HELP WITH THIS (Total=830)	Percent of Those Who Get Help AND Still Have Trouble With This
Eating	1.7%	1.3%	18.2%
Getting up from a chair	10.7%	1.8%	73.3%
Using the toilet	2.4%	0.7%	66.7%
Getting in and out of bed	4.3%	0.8%	85.7%
Dressing and undressing	3.5%	1.9%	68.8%
Walking across a room (with a cane or walker if one is normally used)	4.8%	1.3%	54.5%
Bathing or showering	5.3%	2.3%	68.4%
Getting up and down stairs	15.8%	3.3%	81.5%
Preparing meals	5.7%	5.2%	46.5%
Shopping	7.3%	6.4%	50.9%
Using a telephone	3.7%	1.7%	57.1%
Reading (with glasses if applicable)	9.0%	2.8%	65.2%
Managing money (balancing a checkbook)	4.3%	3.1%	53.8%
Managing medications	3.5%	2.8%	73.9%
Light housework (vacuuming, dishes, etc.)	10.1%	8.7%	52.8%
Heavy housework (laundry, windows, etc.)	21.3%	13.4%	59.5%

40) Are you and/or your spouse or partner **unable** to get the help that you need with any of these daily activities for any reason?

9.4% Yes 90.6% No Total (541) Missing Data (289)

Part 5: Needs and Concerns

41) Below is a list of things that could trouble you and/or your spouse or partner.

Rank	Things that Concern Seniors	Is this an Issue for you and/or your spouse or partner Right Now? (Total=830)	Do you need HELP with this? (Total=830)
T-1	Planning for future long term care needs	15.4%	7.1%
T-1	Having a serious fall	15.4%	2.8%
3	Getting someone to do major home repairs	13.5%	8.0%
4	Getting minor home repairs and/or modifications	12.7%	6.9%
5	Paying for dental care	12.2%	5.8%
6	Dealing with loneliness or depression	11.4%	4.0%
7	Being able to continue driving a car safely	9.9%	2.3%
8	Finding services or benefits that could help me	9.5%	5.2%
9	Getting help with wills, trusts, powers of attorney	9.4%	4.9%
10	Understanding my health care options	8.3%	3.6%
11	Being able to continue living in my home	8.0%	4.0%
12	Getting someone to do yard work	7.7%	4.3%
13	Paying out-of-pocket for in-home care	7.6%	2.9%
14	Paying for housing	7.2%	3.6%
T-15	Getting the kind of medical care that I/we need	7.0%	2.2%
T-15	Getting transportation for medical appointments	7.0%	3.1%
T-17	Getting transportation for errands (bank, etc.)	6.9%	3.1%
T-17	Finding a reliable person to do in-home care	6.9%	3.0%
19	Paying out-of-pocket for outside home care	6.7%	2.3%
20	Paying for medicines (prescription drugs)	5.7%	2.4%
21	Paying for medical care (doctor/hospital bills)	5.4%	2.2%
22	Dealing with dementia/Alzheimer's disease	5.2%	1.7%
23	Being taken advantage of financially	4.9%	1.8%
24	Having enough food to eat	4.7%	2.3%
25	Being emotionally abused by someone	4.0%	1.2%
26	Finding a job	2.5%	1.4%
27	Being physically abused by someone	1.6%	0.7%
28	Caring for grandchildren	1.3%	0.7%

Average number of concerns per Respondent = 2.2

Average number of things each Respondent needs help with = 0.9

Part 5: Needs and Concerns (continued)

42(a) Which of the things listed on the previous page concerns you the most right now?

29.8% NO CONCERNS	6.2% Future Long Term Care
13.0% Financial Issues	4.6% Housing concerns
10.6% Health care	4.3% Dental care
9.8% Transportation	4.1% Staying at home/independent
7.0% Home repairs	<u>23.3% Miscellaneous remarks</u>
6.2% Falling	Total (369)

(b) Is there anything else that concerns you a great deal right now?

27.3% Financial Issues	6.2% Finding services
20.5% The economy	2.6% Finding a job
12.6% Health care	2.6% Home repairs
4.7% Housing concerns	2.6% Help with Wills/Trusts
4.2% Depression	<u>28.9% Miscellaneous remarks</u>
	Total (190)

(c) Are there any issues that are not a concern for you now, but may become a serious problem for you in the next 4 years? If so, please explain.

30.2% Health care	5.5% Staying at home/independent
20.4% Financial Issues	4.7% In-home care
12.0% Transportation	4.4% Vision problems
9.1% Housing concerns	3.6% Dementia
7.3% Future Long Term Care	<u>23.6% Miscellaneous remarks</u>
6.9% The economy	Total (275)

Part 6: Services You Use

43(a) Which of the following services have you and/or your spouse or partner used in the last 12 months? (Check all that apply)

2.7% Adult Day Health care	4.9% Health Clinics
0.6% Adult Protective Services (APS)	1.7% Health Insurance Counseling
0.5% Alzheimer's day care	0.8% Home modification
0.1% Care management (MSSP)	1.4% Hospice
0.6% Caregiver services (Del Oro RC)	4.0% Information & Assistance
1.9% Caregiver services (Yolo Adult Day)	3.9% In-home Support Services
1.2% Citizens who care	3.7% Legal services for seniors
0.7% Drug and alcohol services	3.4% Meals on Wheels
1.1% Faith-based services	1.6% Medical equipment loans
3.1% Free computer tutoring	1.8% Older Adult Program
1.8% Free Yard Help	0.8% Ombudsman services
2.0% Handy Helpers	<u>9.2% Public Transportation services</u>
	Total (830)

(a) Please make any comments about the services you received in the space below.

62.6% Positive 12.1% Negative 25.3% Neutral Total (99)

Part 7: Additional Nevada County Questions

44) If an emergency left you without electricity, about how many days could you safely stay in your home before you'd need to get food, water, medicine, heat or air conditioning?

4.8% None	33.5% 2-3days	9.8% 6-7days
10.6% 1day	20.5% 4.5days	20.8% More than 7days
<hr/>		
100.0% Total (753) Missing (77)		

45) This past summer, were you able to deal with the extreme heat?

3.8% My fan or swamp cooler or air conditioner was not able to keep me as cool as I like.
 10.9% The price of electricity or gas or propane kept me from staying as cool as I like.
 85.2% I was able to stay as cool as I like.
 Missing (71)

99.9% Total (759)

46) How would you describe the health care you have received in the last 12 months?

7.6% I did not need any medical care.
 87.6% I got all of the medical care that I needed.
 4.7% I did not get all of the medical care I needed.
 Missing (69)

99.9% Total (761)

(b) I did not get all of the medical care I needed because. . . .

44.4% I couldn't afford the care I need	22.2% The doctor didn't prescribe what I need
27.8% I couldn't get a doctor appointment.	8.3% The hospital send me home.
8.3% I couldn't get to the doctor's office.	22.2% There is no treatment for my condition.

Total (36)

47) In the last 12 months, has anyone been paid to come to your home to help take care of you or to help take care of a person who lives with you?

4.7% Someone came to my home who was paid through IHSS.
 4.2% Someone from a home health agency came to my home.
 0.2% Someone from a private home care agency came to my home.
 4.2% I hired and paid an individual to come to my home.
 87.2% None of these apply to me

Total (640) Missing (190)

b) How would you describe the experience of getting care in your home?

46.5% Very good	38.6% Good	9.9% Neutral	2.0% Poor	3.0% Very Poor
<hr/>				
100.0% Total (101)				

48) In the future, if you needed more help at home than you could get from family members, friends, or your health insurance, what would you do?

6.0% I would apply for IHSS	11.6% I would mover someplace else
7.2% I would pay a home care agency	40.1% I don't know what I would do
26.3% I would pay an individual care worker	6.0% Other

Total (830)

49) Suppose you did have to hire an individual care worker at some time in the future.

	YES	NO	NOT SURE	
a) Could you find qualified workers to choose? (Total = 719 Missing = 111)	33.7%	3.8%	62.6%	100.1%
b) Could you interview potential workers? (Total = 706 Missing = 124)	78.3%	3.4%	18.3%	100.0%
c) Could you request and pay for a criminal background check on potential workers? (Total = 697 Missing = 133)	44.5%	17.1%	38.5%	100.1%
d) Could you take care of the tax withholding requirements involved? (Total = 696 Missing = 134)	38.2%	21.6%	40.2%	100.0%
e) Could you fire a worker if you felt you had to? (Total = 704 Missing = 126)	80.5%	2.6%	16.9%	100.0%
f) Could you pay for the service if you were getting help for a few hours every single day? (Total = 717 Missing = 113)	46.4%	16.3%	37.2%	99.9%

2008 Senior Survey: Top Concerns by Sex

Overall, the concerns expressed by male and female seniors are rather different. Because such small percentages separate each item, only large differences in ranking are significant (shown in red). In short, the men appear *less* concerned than the women about minor home repairs, getting to medical appointments, and paying for out-of-home care, but they seem *more* concerned about being able to continue living at home, paying for housing, and having enough food to eat. On average, older women have nearly twice as many concerns as older men.

Overall Rank (n=830)	Overall Percent	Things that Concern Seniors in YOLO County (from Senior Survey Question #41)	MALE SENIORS (n=290)	FEMALE SENIORS (n=507)
T-1	15.4%	Planning for future long term care needs	1	2
T-1	15.4%	Having a serious fall	T-3	1
3	13.5%	Getting someone to do major home repairs	T-7	3
4	12.7%	Getting minor home repairs and/or modifications	10	4
5	12.2%	Paying for dental care	T-5	5
6	11.4%	Dealing with loneliness or depression	2	6
7	9.9%	Being able to continue driving a car safely	T-3	8
8	9.5%	Finding services or benefits that could help me	12	7
9	9.4%	Getting help with wills, trusts, powers of attorney	T-5	9
10	8.3%	Understanding my health care options	9	T-14
11	8.0%	Being able to continue living in my home	T-7	19
12	7.7%	Getting someone to do yard work	15	10
13	7.6%	Paying out-of-pocket for in-home care	T-13	11
14	7.2%	Paying for housing	11	T-17
T-15	7.0%	Getting the kind of medical care that I/we need	16	16
T-15	7.0%	Getting transportation for medical appointments	T-20	T-14
T-17	6.9%	Getting transportation for errands (bank, etc.)	T-18	13
T-17	6.9%	Finding a reliable person to do in-home care	T-13	T-17
19	6.7%	Paying out-of-pocket for out-of-home care	23	12
20	5.7%	Paying for medicines (prescription drugs)	T-18	T-20
21	5.4%	Paying for medical care (doctor/hospital bills)	T-20	T-20
22	5.2%	Dealing with dementia/Alzheimer's disease	T-20	22
23	4.9%	Being taken advantage of financially	25	23
24	4.7%	Having enough food to eat	17	24
25	4.0%	Being emotionally abused by someone	24	25
26	2.5%	Finding a job	26	26
27	1.6%	Being physically abused by someone	T-27	27
28	1.3%	Caring for grandchildren	T-27	28
2.2		Average concerns per Respondent	1.5	2.7

2008 Senior Survey: Top Concerns by Ability Level

The top concerns of seniors vary according to their abilities. The homebound seniors' concerns vary the most from the overall results (see the Overall Rank column). In particular, homebound seniors appear much more concerned about finding services, getting transportation for errands and paying for care outside the home; in contrast the homebound seem less concerned with minor home repair, wills and trusts, yard work, and paying for housing. Active senior respondents cited the lowest number of concerns on average while homebound respondents cited over four times as many.

Overall Rank (n=830)	Overall Percent	Things that Concern Seniors in YOLO County	ACTIVE SENIORS (n=459)	MOBILE SENIORS (n=252)	HOME-BOUND SENIORS (n=66)
T-1	15.4%	Planning for future long term care needs	1	2	4
T-1	15.4%	Having a serious fall	4	1	1
3	13.5%	Getting someone to do major home repairs	2	T-5	T-7
4	12.7%	Getting minor home repairs and/or modifications	3	T-5	<u>T-10</u>
5	12.2%	Paying for dental care	5	4	6
6	11.4%	Dealing with loneliness or depression	T-7	3	2
7	9.9%	Being able to continue driving a car safely	6	T-5	<u>T-18</u>
8	9.5%	Finding services or benefits that could help me	T-12	9	<u>3</u>
9	9.4%	Getting help with wills, trusts, powers of attorney	T-7	8	<u>16</u>
10	8.3%	Understanding my health care options	11	10	T-10
11	8.0%	Being able to continue living in my home	9	<u>16</u>	9
12	7.7%	Getting someone to do yard work	10	T-12	<u>T-22</u>
13	7.6%	Paying out-of-pocket for in-home care	<u>T-18</u>	11	T-10
14	7.2%	Paying for housing	T-12	T-12	<u>T-22</u>
T-15	7.0%	Getting the kind of medical care that I/we need	17	14	<u>T-10</u>
T-15	7.0%	Getting transportation for medical appointments	T-15	T-19	<u>T-10</u>
T-17	6.9%	Getting transportation for errands (bank, etc.)	T-15	T-21	<u>5</u>
T-17	6.9%	Finding a reliable person to do in-home care	T-12	15	17
19	6.7%	Paying out-of-pocket for out-of-home care	T-20	T-19	<u>T-7</u>
20	5.7%	Paying for medicines (prescription drugs)	T-20	T-17	T-18
21	5.4%	Paying for medical care (doctor/hospital bills)	24	<u>T-17</u>	T-22
22	5.2%	Dealing with dementia/Alzheimer's disease	23	T-23	<u>15</u>
23	4.9%	Being taken advantage of financially	T-18	T-23	T-18
24	4.7%	Having enough food to eat	T-20	<u>25</u>	T-18
25	4.0%	Being emotionally abused by someone	27	T-21	25
26	2.5%	Finding a job	25	26	T-26
27	1.6%	Being physically abused by someone	28	27	T-26
28	1.3%	Caring for grandchildren	26	28	----
2.2		Average concerns per Respondent	1.2	3.2	5.3

2008 Senior Survey: Top Concerns by Geography

The top concerns of seniors living in each of the geographic areas within Yolo County are fairly consistent with those of all senior respondents (see the Overall Rank column). Woodland seniors appear less concerned with yard work than do seniors elsewhere. Those in West Sacramento and in the Rural areas seem more concerned with staying independent and with paying for care outside the home. Respondents in West Sacramento cited the most concerns on average; those in Davis and Winters cited the fewest.

Overall Rank (n=830)	Overall Percent	Things that Concern Seniors in YOLO County	Davis (n=388)	West Sacto (n=62)	Winters* (n=20)	Woodland (n=249)	Rural Areas (n=64)
T-1	15.4%	Planning for future long term care needs	T-1	2	T-4	1	<u>T-6</u>
T-1	15.4%	Having a serious fall	T-1	T-4	1	2	1
3	13.5%	Getting someone to do major home repairs	3	3	T-2	5	4
4	12.7%	Getting minor home repairs and/or modifications	T-5	1	T-2	T-6	2
5	12.2%	Paying for dental care	4	T-8	T-4	3	3
6	11.4%	Dealing with loneliness or depression	T-5	<u>T-12</u>	<u>T-11</u>	4	5
7	9.9%	Being able to continue driving a car safely	7	T-12	T-4	T-8	<u>23</u>
8	9.5%	Finding services or benefits that could help me	8	<u>T-16</u>	T-11	T-6	T-9
9	9.4%	Getting help with wills, trusts, powers of attorney	9	T-12	T-4	T-8	T-9
10	8.3%	Understanding my health care options	10	7	----	11	<u>T-19</u>
11	8.0%	Being able to continue living in my home	T-14	<u>6</u>	T-11	T-13	<u>T-6</u>
12	7.7%	Getting someone to do yard work	T-11	T-4	T-4	<u>T-21</u>	T-9
13	7.6%	Paying out-of-pocket for in-home care	T-14	T-8	T-11	12	T-9
14	7.2%	Paying for housing	T-14	T-12	----	10	<u>T-19</u>
T-15	7.0%	Getting the kind of medical care that I/we need	13	19	----	15	T-9
T-15	7.0%	Getting transportation for medical appointments	T-14	T-8	----	T-16	T-6
T-17	6.9%	Getting transportation for errands (bank, etc.)	T-14	T-16	T-11	T-13	T-9
T-17	6.9%	Finding a reliable person to do in-home care	T-11	<u>T-21</u>	<u>T-4</u>	T-16	T-16
19	6.7%	Paying out-of-pocket for out-of-home care	T-19	<u>T-8</u>	<u>T-11</u>	T-18	<u>T-9</u>
20	5.7%	Paying for medicines (prescription drugs)	T-22	T-16	----	T-18	T-19
21	5.4%	Paying for medical care (doctor/hospital bills)	T-19	T-21	----	20	T-24
22	5.2%	Dealing with dementia/Alzheimer's disease	21	T-21	----	T-21	T-16
23	4.9%	Being taken advantage of financially	24	T-21	----	24	T-16
24	4.7%	Having enough food to eat	25	20	<u>T-4</u>	T-21	T-19
25	4.0%	Being emotionally abused by someone	T-22	T-26	<u>T-11</u>	T-25	T-24
26	2.5%	Finding a job	26	T-26	----	T-25	T-26
27	1.6%	Being physically abused by someone	28	T-26	----	27	T-26
28	1.3%	Caring for grandchildren	27	T-21	----	28	----
2.2		Average concerns per Respondent	1.7	3.6	1.6	2.6	2.9

*Deviations in Winters should be interpreted cautiously due to the small number of respondents there.