

YEAR END REPORT

2010-2011

Final Draft
October 4, 2011

AREA 4 AGENCY ON AGING
2260 PARK TOWNE CIRCLE, SUITE 100
SACRAMENTO, CA 95825

Introduction

The purpose of the Year End Report is to provide an account of the progress that was made toward Area 4 Agency on Aging's (A4AA's) administrative, program development, coordination and service objectives for the fiscal year. These are activities carried out by staff that are above and beyond the day-to-day functions of the Agency. This report is not intended to document the specific achievements of the many service providers with whom the Agency contracts.

Highlights

There were a number of high points at Area 4 during the 2010-11 fiscal year; six are summarized here.

Meals on Wheels by the Asian Community Center (MOW by ACC) initiated meals service on July 1, 2010. MOW by ACC provides noon time hot meals at 22 community café sites throughout Sacramento County as well as delivering meals to 1,400 home delivered meal (HDM) clients. The transition from Sacramento County Senior Nutrition Services to the new non-profit, MOW by ACC went smoothly thanks to considerable transition planning and support from many sources including Asian Community Center, Sacramento County, Area 4 Agency on Aging, community centers, senior centers and churches who are donating space and staffing or volunteers to coordinate the meals program at the café sites. Several hundred volunteers assist in the meals service at the café sites as well as driving HDM meals to clients.

On September 25th, Area 4 collaborated with the Kaiser Permanente South Sacramento Medical Center to host a special, day-long program called *To Fall, or Not to Fall: A Fall Prevention Community Event*. This first annual event was attended by 125 local seniors and featured speakers, exhibitors and several free health screenings.

A4AA also hosted its first *Financial Survival Fair* for seniors at the Samuel C. Pannell Meadowview Community Center in Sacramento in April 2011. The purpose was to provide seniors with financial information to help get them through these tough economic times. About 50 participants attended workshops such as Budgeting and Money Management, Understanding your Credit and Repairing Your Credit, Protecting Yourself from Fraud, Job Search Basics, Medicare and Health Care Reform and Healthy Nutrition and Stretching Your Food Dollar. There were also 21 exhibitors providing additional community resources for the participants.

The continuing economic downturn has prompted record numbers of job seekers to contact Area 4's Senior Employment Program (SEP). In all, our SEP staff met with 364 clients, and that figure represents a 69% jump from the prior fiscal year.

Fortunately, 112 of those clients were able to secure employment, yielding a success rate of 31% (which is actually up slightly from the prior year).

In January 2011, a new Aging and Disability Resource Connection (ADRC) was officially launched in Nevada County. A4AA is partnering with FREED, the ADRC lead agency, to establish this “no wrong door” program that is intended to link consumers to long term care services. HelpLine (Area 4’s Senior Information & Assistance program) will be providing “options counseling,” conducting outreach and cross-training with the other ADRC partners.

Finally, the 2010-11 year was noteworthy in that Area 4 received much more One-Time-Only (OTO) funding than ever before. In fact, \$572,258 worth of equipment was awarded to contracted service providers and an additional \$27,836 was awarded to designated focal points in the region.

Status of Goals and Objectives

A4AA's five major goals as outlined in the 2009-12 Area Plan are:

- 1) Provide community leadership in understanding and preparing for a dramatic change in the size and composition of the older adult population within PSA 4 over the next several decades.
- 2) Directly promote health and wellness among older adults in PSA 4.
- 3) Directly promote financial security among older adults in PSA 4.
- 4) Fund and support local organizations that provide home and community-based services to older adults and/or their caregivers throughout PSA 4.
- 5) Work to improve the aging network and prepare for the aging boom.

There are multiple objectives associated with each of these goals. For a variety of reasons, it is rarely possible to fulfill each and every objective within the anticipated timeframe. And, the completion of objectives is always contingent upon the availability of adequate funding and staff time.

The terms used to describe the Year End Status of each objective as of June 30th 2011 are defined below.

- **Completed** means the activity was finished as written.
- **Continuing** means progress has been made on the activity as it was written, and work will be continuing into the next fiscal year.
- **Pending** means the timeline for this activity begins at some future date.
- **Discontinued** means that at some point during the fiscal year a decision was made not to continue the activity (the term "deleted" is used when the decision to drop an activity is made during the Area Plan Amendment or Update process).

The status for each of the active objectives for 2010-11 appears in Table A below. Among the 76 active objectives listed, 15 are Continuing and 61 are Completed; none were discontinued.

TABLE A: OBJECTIVES SUMMARY, 2010-11 YEAR END STATUS

Amended 2010-2011 Objectives	Type*	Year End Status
1.1 Aging Research		
Care Facility Study 1.1(c)	C	Pending
1.2 Awareness of Aging Issues		
Media Stories 1.2(a)	A	Completed
Community Education Presentations 1.2(b)	C	Completed
A4AA Website 1.2(c)	A	Completed
Public Information on Caregiving 1.2(e)	DS	Continuing
California Highway Safety Plan 1.2(f)	C	Continuing
2.1 Physical Health and Wellness		
Nutrition Education 2.1(b)	DS	Completed
Chronic Disease Management 2.1(c)	C	Continuing
Health Promotion Activities 2.1(d)	C	Completed
2.2 Mental Health and Wellness		
Lifelong Learning 2.2(a)	C	Completed
Mental Health Conference 2.2(b)	C	Completed
Telephone Reassurance 2.2(c)	PD	Completed
2.3 Injury Prevention		
Driving Wellness Program 2.3(a)	DS	Completed
Falls Prevention Program 2.3(b)	DS	Completed
Northern California Fall Prevention Coalition 2.3(c)	C	Completed
Nevada County Fall Prevention Coalition 2.3(d)	C	Completed
2.4 Health and Wellness for Family Caregivers		
Caregiver Training (Caregiver Support Day) 2.4(a)	DS	Completed
Kinship Care Services 2.4(b)1	DS	Continuing
Kinship Care Services 2.4(b)2	DS	Completed
Kinship Care Services 2.4(b)3	DS	Continuing
2.5 Personal Planning for Health and Wellness		
Medicare Issues 2.5(a)	A	Completed
Advance Care Planning Project 2.5(b)	DS	Completed
Disaster Preparedness Coordination 2.5(c)	C	Continuing

*Type of Objective: A = Administrative, C = Coordination,
 CS = Contracted Service, DS = Direct Service, PD = Program Development

Amended 2010-2011 Objectives (continued)	Type*	Year End Status
3.1 A4AA “Poverty Initiative” Programs		
Senior Employment 3.1(a)	DS	Completed
Mobile Produce Market 3.1(b)	PD	Completed
Nutrition Activities 3.1(c)	C	Continuing
Medicare Low Income Subsidy (LIS) Outreach 3.1(d)	DS	Completed
3.2 Financial Security for Seniors & Family Caregivers		
Social Security Issues 3.2(a)	A	Completed
Elder Economic Security Standard 3.2(b)	C	Completed
Retirement Readiness Project 3.2(c)	C	Continuing
Financial Survival Faire 3.2(d)	PD	Completed
4.1 Information and Assistance Services		
Direct I&A Services 4.1(a)	DS	Completed
Contracted I&A Services 4.1(b)	CS	Completed
Assistive Technology 2.1(c)	A	Completed
HICAP Coordination 2.1(d)	A	Completed
4.2 In-Home Services (Contracted)		
Home-Delivered Meal (C-2) services 4.2(a)1	CS	Completed
Home-Delivered Meal (C-2) services 4.2(a)2	A	Completed
Home-Delivered Meal (C-2) services 4.2(a)3	A	Completed
Home-Delivered Meal (C-2) services 4.2(a)4	A	Completed
Home-Delivered Meal (C-2) services 4.2(a)5	A	Completed
Personal Care/Homemaker services 4.2(b)	CS	Completed
Medication Management services 4.2(c)	CS	Completed
Senior Companion services 4.2(d)1	CS	Completed
Senior Companion services 4.2(d)2	A	Completed
Minor Home Modification services 4.2(e)1	CS	Completed
Minor Home Modification services 4.2(e)2	A	Completed
4.3 Community Services (Contracted)		
Congregate Meal services 4.3(a)1	CS	Completed
Congregate Meal services 4.3(a)2	A	Completed
Congregate Meal services 4.3(a)3	PD	Completed
Transportation services 4.3(c)1	CS	Completed
Transportation services 4.3(c)2	CS	Completed

*Type of Objective: A = Administrative, C = Coordination,
CS = Contracted Service, DS = Direct Service, PD = Program Development

Amended 2010-2011 Objectives (continued)	Type*	Year End Status
4.3 Community Services (Contracted) <i>continued</i>		
Legal services 4.3(d)	CS	Completed
Mental Health services 4.3(e)1	CS	Completed
Mental Health services 4.3(e)2	A	Continuing
Health services 4.3(f)	CS	Completed
Disease Prevention/Health Promotion 4.3(g)	CS	Completed
HICAP services 4.3(h)1	CS	Completed
HICAP services 4.3(h)2	A	Completed
4.4 Caregiver Services		
Caregiver Services 4.4(a)1-10	CS	Completed
Caregiver Provider Meetings 4.4(b)	A	Completed
4.5 Title VII Services (Contracted)		
Ombudsman services 4.5(a)1	CS	Completed
Ombudsman services 4.5(a)2	A	Completed
4.6 Service Provider Training and Support		
On-line Data Reporting and Training 4.6(a)	A	Completed
5.1 Advocacy on Aging Issues		
Transportation Advocacy 5.1(a)	C	Completed
Housing Advocacy 5.1(b)	C	Continuing
Legislative Advocacy 5.1(c)	A	Completed
Mental Health Advocacy 5.1(d)	C	Completed
5.2 Coordination of Senior Services		
2-1-1 Central Information System 5.2(a)	C	Completed
Long-Term Care Integration 5.2(b)	C	Continuing
Adult Day Services 5.2(c)	C	Completed
Commissions on Aging 5.2(d)	C	Completed
IHSS Task Force 5.2(e)	C	Completed
Aging and Disability Resource Connection (ADRC) 5.2(f)	C	Continuing
5.3 Social Service Centers for Seniors		
Focal Point Enhancement 5.3(a)1	C	Continuing
Marysville Senior Center Expansion 5.3(b)	C	Continuing
5.4 Preparing for the Aging Boom		
Planning for Aging Boomers 5.4(a)	C	Completed
Promotion of Universal Design 5.4(c)	C	Continuing

*Type of Objective: A = Administrative, C = Coordination, CS = Contracted Service, DS = Direct Service, PD = Program Development

Summary of the Fiscal Year

For a third consecutive year, budget pressures have led to further damage to California's faltering aging network.

At the federal level, funding was cut for the Corporation for National Service, including a 20% reduction to the Retired & Senior Volunteer Program (RSVP). As a result, Area 4's Nevada County RSVP office is now closed on Fridays and staff hours have been reduced.

At the state level, FY 2010-11 began with the longest budget stalemate in California's history (100 days), putting tremendous stress on our service providers who could not receive their dedicated, federal funding until the budget was passed. The organizations providing in-home care for frail elders and respite care for family caregivers were forced to either reduce services or suspend services altogether for the first four months of the year.

When the state budget finally was signed on October 8th, it came as a mixed blessing because the agreement brought cuts to Medi-Cal, IHSS, MSSP and SSI/SSP and because it included one-time accounting maneuvers that may accentuate next year's deficit.

The fiscal year brought new leadership to the Capitol, but the results have been familiar. This spring, Governor Brown's administration canceled the federal waiver to support Adult Day Health Care (ADHC) with Medicaid (Medi-Cal) dollars, effectively ending state support of that vital program. The Governor also surprised many advocates by vetoing AB 96, a bill which would have established a transitional program to support displaced ADHC clients.

At the local level, the City of Sacramento closed numerous community centers and further reduced hours to those remaining open, including the Ethel McLeod Hart Senior Center in midtown, the city's flagship facility for senior activities.

Looking ahead to FY 2011-12, the recent federal deficit reduction agreement strongly suggests cuts to Medicare, Social Security and the Older Americans Act will be forthcoming, to be followed by long-term spending caps on those programs. Future federal support for RSVP, the Foster Grandparent Program and the Senior Companion Program also remains uncertain.

Remarkably, California did pass the 2011-12 budget on time. Although there are no initial reductions to critical services for older adults, the budget does contain "trigger cuts" that, if pulled, will result in further cuts to IHSS and Medi-Cal. As a cost-cutting measure, the budget agreement also eliminates the State Department of Mental Health; the remaining required functions are being transferred to the Department of Health Care Services.