



2008 Senior Survey

for people 60 and older in
Sutter County

Paper Surveys Returned = 246

Online Surveys Completed = 73

Total Sample Size = 319

Serving Nevada, Placer, Sacramento, Sierra, Sutter, Yolo & Yuba Counties

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2008 Senior Survey: The Sutter County Sample

The Overall Sample

Population age 60+ living in Sutter County in 2008 = 16,383

Target Sample = 400 surveys (roughly 2.5% of the 60+ population)

Actual Sample = 319 surveys (1.9% of the 60+ population); margin of error = 5.43%

Paper Survey Response Rate > 25% (it was not practical to obtain an exact count of undistributed surveys)

Demographic Targets and Results

Married couples were asked to complete a single survey; however, we cannot guarantee that those instructions were followed. It is likely that a fair number of couples submitted two surveys – one for each person in the marriage or domestic partnership. Therefore, the 319 total responses likely represent fewer than 319 separate senior households. Overall, females are over-represented by a significant margin; the margin is considerably less when looking at reported needs data (from Parts 4 and 5 in the survey) because it includes the needs of spouses and partners.

Sex	Target Percent (N=16,383)	Result (n=275)	Percent Living with Spouse/ Partner age 60+ (n=103)	Result including 60+ couples* (n=378)
Men	45%	33.5%	43.5%	41.0%
Women	55%	66.5%	34.4%	59.0%
TOTAL	100%	100.0%	37.5%	100.0%

*To make this calculation, we have assumed each respondent's spouse/partner is of the opposite sex; some may not be.

The household income table below illustrates a fairly accurate representation of the true senior population, although persons just above the poverty line were under-sampled. The race/ethnicity table shows that except for Pacific Islander elders, people of color were under-sampled across the board, especially Asians.

Respondents' Household Income (As a single person or as a married couple)	Target Percent (N=16,383)	Actual Percent (n=255)
Below poverty level**	8%	10.2%
100-199% of poverty	46%	31.0%
200-399% of poverty	27%	31.0%
400% of poverty & up	19%	27.8%
TOTAL	100%	100.0%

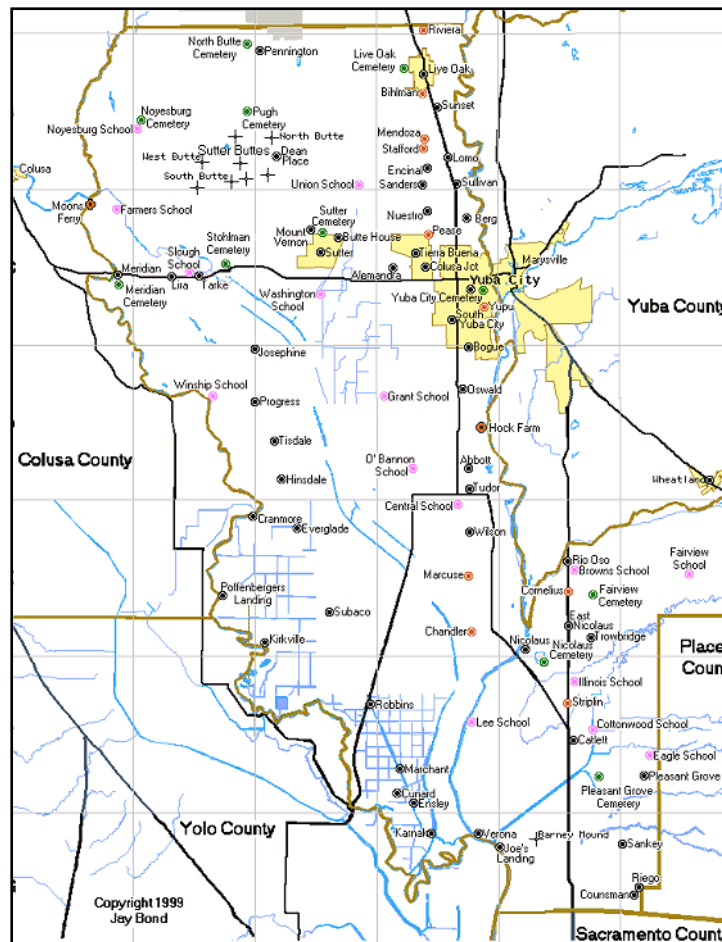
**In 2008 the poverty level was \$10,400 for a single person and \$14,000 for a couple.

Respondents' Race/Ethnicity	Target Percent (N=16,383)	Actual Percent (n=267)
White/Caucasian	69%	88.4%
Hispanic/Latino	13%	5.6%
Asian	13%	1.1%
Pacific Islander	-----	0.4%
Black/African American	2%	0.7%
Native American	1%	0.4%
Multi-racial	2%	3.4%
TOTAL	100%	100.0%

Geographic Targets and Results

The geographic targets were based upon partial information for the population within city limits. Individuals not living in Live Oak, Sutter, Tierra Buena or Yuba City were accounted for in the “All other rural areas” category, although many of these seniors likely live in urban or suburban areas just outside city limits. The 2008 Senior Survey uses each respondent’s zip code to establish where they live. Unfortunately, the zip codes in Sutter County do not correspond well with the target areas. In particular, the 95993 zip encompasses a large portion of southwest Yuba City. The “<” and “>” signs indicate variations from the original targets. Nevertheless, the table below demonstrates that a good mixture of seniors throughout the county were sampled.

Area where Respondent Lives	Target Percent (N=16,383)	Actual Percent (n=264)
Live Oak area 95953	7%	4.2%
Sutter area 95982	3%	3.8%
Tierra Buena area 95993	> 7%	38.3%
Yuba City area 95991 & 95992	> 44%	46.2%
All other rural areas 95659, 95668, 95674 & 95957	< 39%	7.6%
TOTAL	100%	100.1%



Distribution Plan: Targets and Results

For the purposes of reaching ALL older adults, we conceptualized three different categories of seniors: Active Seniors, Mobile Seniors, and Homebound Seniors. Our expectation was that most Active Seniors would be between the ages of 60 and 74, most Mobile Seniors would be between 75 and 84, and most Homebound Seniors would be 85 and older. What we found was a much weaker correlation between age and ability than was expected. In fact, the average age of the Active Seniors sampled was 72 (at the high end of the expected range), the average age of the Mobile Seniors was 73 (below their expected range entirely), and the average age of the Homebound group was 81 (also below their expected range entirely). This finding appears to be caused by two emerging trends; namely that more people are turning 60 with existing disabilities, and that more people are living to advanced ages who have no disabilities.

Categories based on Ability Levels	Target Percent (N=16,383)	Actual Percent (n=289)
Active Seniors (no disabilities)	66%	58.5%
Mobile Seniors (some disabilities; do drive)	18%	31.8%
Homebound (some disabilities; do not drive)	16%	9.7%
TOTAL	100%	100.0%

Categories based on Ability Levels	Percent Aged 60 - 74	Percent Aged 75 - 84	Percent Aged 85+	TOTAL
Active Seniors (n=146)	63.7%	24.7%	11.6%	100.0%
Mobile Seniors (n=80)	57.5%	35.0%	7.5%	100.0%
Homebound Seniors (n=26)	26.9%	23.1%	50.0%	100.0%

The bold red font represents the cells where a majority of the cases were expected to appear for each category.

Categories based on Ability Levels	Percent Active Seniors	Percent Mobile Seniors	Percent Homebound Seniors	TOTAL
Baby Boomers (n=33) Ages 60-62 in 2008	78.8%	18.2%	0.3%	100.0%
Pre-Boomers (n=92) Ages 63-72 in 2008	57.6%	35.9%	6.5%	100.0%
Traditionalists (n=127) Ages 73-108 in 2008	52.8%	32.3%	15.0%	100.1%

The bold red font represents the cells where a majority of the cases were expected to appear for each category.

2008 Senior Survey: Additional Analysis

Income-Related Questions

Interestingly, less than 30% of all the respondents who said they do not usually have enough money for regular expenses were below poverty.

Respondents' (Rs') Household Income (from Part 2, Question #9)	Do Not Have Enough \$ for Regular Expenses (Part 2, Question #11) (n=50)
Below poverty level	28.0%
100-199% of poverty	60.0%
200-399% of poverty	12.0%
400% of poverty & higher	-----
TOTAL	100.0%

Housing-Related Questions

Well over half of the homeowners (of houses and mobile/modular homes) have paid off their homes. Nearly all seniors living in other types of housing have not paid off their homes/residences.

How Rs Pay for Housing (Part 2, #17)	House (n=203)	Mobile Home or Modular home (n=33)	Apartment/ Condominium/ Townhouse (n=31)	Hotel/ Motel or Camper/ Trailer (n=2)	Assisted Living or Board & Care (n=12)
My home is paid off	57.6%	60.6%	6.5%	-----	-----
I pay a mortgage	36.5%	12.1%	9.7%	-----	-----
I pay rent	5.9%	27.3%	83.9%	100.0%	100.0%
TOTAL	100.0%	100.0%	100.1%	100.0%	100.0%

Of all the respondents who are paying more than 30% of their incomes on housing expenses, less than half are renters; the others are either mortgage holders or property owners.

How Rs Pay for Housing (Part 2, #17)	Paying more than 30% for housing (Part 2, #18) (n=68)
My House is paid off	10.3%
My Mobile Home/Modular Home is paid off	4.4%
I pay a mortgage	41.2%
I pay rent	44.1%
TOTAL	100.0%

Transportation

Active and mobile seniors drive their own cars far more than any other means of transportation. Homebound seniors primarily rely upon friends and relatives to get them to the places they need to go.

How do you usually get where you need to go? (Part 3, Question #3)	Active Seniors (n=159)	Mobile Seniors (n=91)	Homebound Seniors (n=27)
Walk or bicycle	1.9%	2.2%	3.7%
Drive my own car	88.1%	89.0%	-----
Friends/relatives drive me	7.5%	6.6%	70.4%
Someone else is paid to drive me	0.6%	1.1%	14.8%
Senior bus or van	1.3%	-----	7.4%
Public Transportation	-----	1.1%	-----
Dial-a-ride or Para-transit	0.6%	-----	-----
None of these are options for me	-----	-----	3.7%
TOTAL	100.0%	100.0%	100.0%

Health Insurance

At age 65, nearly all American citizens are eligible for Medicare; certain adults with disabilities may qualify for Medicare at any age (8 are included in this sample). The first chart below illustrates the relationship between income and types of health insurances for seniors age 60 to 64. Although the number of persons represented in the table is quite small, it is clear that greater degrees of health insurance coverage are associated with higher household incomes.

Household Income (Age 60-64) (Part 2, Question #9)	Uninsured (n=2)	Medi-Cal (n=2)	Medicare (n=8)	Additional Coverage* (n=40)
Below poverty level	50%	50%	12.5%	-----
100-199% of poverty	50%	50%	25.0%	15.0%
200-399% of poverty	-----	-----	25.0%	25.0%
400% of poverty & higher	-----	-----	37.5%	60.0%
TOTAL	100.0%	100.0%	100.0%	100.0%

*Additional Coverage includes Retiree plans, Tricare, Long Term Care policies and other types of coverage.

Among the respondents age 65 and older, almost all (90%) do have Medicare and about one-third of those individuals do carry one or more forms of additional coverage as well. Just two people in this age bracket are uninsured. The large majority (88%) of the sampled seniors who are age 65+ and who receive Medi-Cal are also receiving Medicare; these individuals are referred to as “dual eligibles.”

Household Income (Age 65+) (Part 2, Question #9)	Uninsured (n=2)	Medi-Cal (n=31)	Medicare (n=179)	Additional Coverage* (n=71)
Below poverty level	50.0%	35.5%	10.6%	5.6%
100-199% of poverty	50.0%	45.2%	34.1%	25.4%
200-399% of poverty	-----	6.5%	33.0%	43.7%
400% of poverty & higher	-----	12.9%	22.3%	25.4%
TOTAL	100.0%	100.1%	100.0%	100.1%

*Additional Coverage includes Retiree plans, Tricare, Long Term Care policies and other types of coverage.

Part 1: Your Health and Wellness

1) Are you filling out this survey for yourself?

91.1%	Yes
8.9%	No
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	Missing Data (4)
100.0%	Total (315)

2) Overall, how would you describe your **health** right now?

16.7%	Excellent
50.5%	Good
29.6%	Fair
3.2%	Poor
<hr/>	
	Missing Data (8)
100.0%	Total (311)

3) During the last 7 days, how many days did you do any moderate **physical activities** for at least 10 minutes? (Moderate physical activities make you breathe harder than normal.)

17.7%	None
40.3%	1-3 days
23.5%	4-6 days
18.4%	All 7 days
<hr/>	
	Missing Data (9)
99.9%	Total (310)

4) In a typical day, how many times do you eat foods that are healthy for you (such as a piece of fruit, a glass of low-fat milk, a serving of chicken with no skin and no breading)?

1.9%	None
14.1%	1 time
25.7%	2 times
35.0%	3 times
19.9%	4 or more times
3.2%	I don't know
<hr/>	
	Missing Data (8)
99.8%	Total (311)

5) How would you describe your **memory**?

33.2%	I have no trouble remembering things
51.0%	It takes me longer to remember things
15.8%	I sometimes forget things completely
<hr/>	
	Missing Data (15)
100.0%	Total (304)

6) During the past 30 days, about how often did you feel **sad, lonely or depressed**?

1.0%	Always
11.0%	Often
56.6%	Sometimes
31.4%	Never
<hr/>	
	Missing Data (10)
100.0%	Total (309)

7) Are you **limited** in any way in any activities because of physical, mental, or emotional problems?

43.3%	Yes
56.7%	No
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	Missing Data (21)
100.0%	Total (298)

8) Do you have any chronic **health problems**? (Check all that apply)

43.3%	Arthritis
8.2%	Asthma
5.0%	Cancer
17.6%	Diabetes
12.2%	Eye disease
21.3%	Heart disease
30.1%	Hypertension
16.0%	Osteoporosis
3.4%	Stroke
16.3%	None of these
14.1%	Other (45)
<hr/>	
	Total (319)

9) How many different prescription **medications** do you take?

5.6%	None	4.5%	7
7.5%	1	3.4%	8
17.3%	2	1.5%	9
16.5%	3	1.9%	10
10.9%	4	0.8%	11
12.4%	5	2.3%	12+
15.4%	6	Missing (53)	
<hr/>			
100.0% Total (266)			

Average # of medications = 4.2 / respondent

10) What type of **health insurance** do you have? (Check all that apply)

- 1.3% No insurance
- 12.9% Medi-Cal
- 8.2% Long Term Care policy
- 20.1% Retiree plan
- 73.4% Any Type of Medicare
- 55.5% Medicare Part A
- 55.2% Medicare Part B
- 5.6% Part C (HMO/PPO)
- 26.0% Part D (Drugs)
- 42.3% Other insurance (135)

- Total (319)

11) Which **documents** do you have?

- 33.2% Advance Directive
- 27.3% Power of Attorney
- 55.2% Will or Trust
- 33.9% None of these

- Total (319)

12) In the past 12 months, has someone **taken advantage** of you in any way?

- 8.6% Yes
- 91.4% No
- Missing Data (17)

- 100.0% Total (302)

If Yes, what did you do?

- 38.5% Nothing
- 19.2% Called APS
- 3.8% Called police
- 30.8% Other (8)

- Total (26)

13) Have you **fallen** in the past 12 months?

- 31.1% Yes
- 68.9% No
- Missing Data (14)

- 100.0% Total (305)

If Yes, what happened?

- 71.6% I did not hurt myself badly
- 15.9% I saw my doctor for a minor injury
- 12.5% I went to the ER for a serious injury
- Missing Data (7)

- 100.0% Total (88)

14) Do you provide **unpaid care** for a family member or friend?

- 11.3% Yes
- 88.7% No (skip to Part 2)
- Missing Data (19)

- 100.0% Total (300)

15(a) **Whom** do you help care for?

- (Check all that apply)
- 26.5% A spouse or partner
 - 11.8% A disabled son or daughter
 - 11.8% A grandchild you are raising
 - 17.6% Parent or parent-in-law
 - 23.5% Other (8)

 - Total (34)

(b) Altogether, **how often** do you help?

- 6.3% Once a month
- 12.5% Once a week
- 34.4% Several days/week
- 46.9% Every day (24/7)
- Missing Data (2)

- 100.1% Total (32)

Part 2: You & Your Household

1) What is your sex?

- 66.5% Female
- 33.5% Male
- Missing Data (44)

- 100.0% Total (275)

2) What month and year were you born?

- | | | | |
|-------|-------------|-------------------|---------------|
| 17.9% | 60-64 years | Baby Boomers | |
| 21.6% | 65-69 years | (age 60-62) | 12.3% |
| 17.5% | 70-74 years | Pre-boomers | |
| 15.3% | 75-79 years | (age 63-72) | 36.2% |
| 12.7% | 80-84 years | Traditionalists | |
| 9.7% | 85-89 years | (age 73+) | 51.5% |
| 5.2% | 90 or older | Total | 100.0% |
| | | Missing Data (51) | |
| 99.9% | Total (268) | | |

Average Age (Online Survey) = 66

Average Age (Paper Survey) = 76

Average Age (Overall) = 74

3) What is your racial/ethnic background?

0.4%	Alaskan Native/American Indian
1.1%	Asian
0.7%	Black/ African American
5.6%	Hispanic/ Latino
0.4%	Native Hawaiian/ Pacific Islander
88.4%	White
3.4%	Multi-racial
	Missing Data (52)
<hr/>	
100.0%	Total (267)

4) What language do you speak at home?

91.4%	English Only
1.1%	Spanish Only
2.9%	Spanish & English
0.7%	Another Language Only
3.9%	Another Language & English
	Missing Data (40)
<hr/>	
100.0%	Total (279)

5) What is your highest level of education?

5.1%	0-8th grade
31.3%	9-12th grade
26.2%	Some college
10.9%	Associate degree
15.3%	Bachelor's degree
11.3%	Graduate degree
	Missing Data (44)
<hr/>	
100.1%	Total (275)

6) Are you a veteran?

25.4%	Yes
74.6%	No
	Missing Data (55)
<hr/>	
100.0%	Total (264)

7) What is your work status?

16.5%	Full-time job
5.1%	Part-time job
5.5%	Homemaker
65.1%	Retired
6.3%	Disabled
1.5%	Looking for work
	Missing Data (47)
<hr/>	
100.0%	Total (272)

8) If you volunteer, about how many hours a month do you volunteer?
26 hours on average (n=91)

9) What is your monthly income?

(a) As a Married Couple (before taxes):

8.2%	\$0— \$1,166
21.6%	\$1,167— \$2,333
34.3%	\$ 2,334— \$4,667
35.8%	\$ 4,668 or more
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	Total (134)

(b) OR, as a Single Person (before taxes):

10.7%	\$0 - \$866
43.0%	\$867- \$1,733
27.3%	\$1,734 - \$3,467
19.0%	\$3,468 or more
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	Total (121)

(c) Combined monthly income for Married Couples and Single Persons

10.2%	Below poverty level
31.0%	100% - 199% of poverty
31.0%	200% - 399% of poverty
27.8%	400% of poverty or higher
	Missing Data (64)
<hr/>	
100.0%	Total (255)

10) Where does your income come from?

21.0%	Wages
42.3%	Pension
22.9%	Investments
64.6%	Social Security
6.0%	SSI/SSP
6.6%	Other
<hr/>	
	Total (319)

11) Do you usually have enough **money** to pay for your regular expenses?

80.1% Yes
19.9% No
Missing Data (52)
100.0% Total (319)

If No, what things do you cut back on?

54.7% Food
39.6% Medicine
20.8% Medical bills
35.8% Gasoline
20.8% Credit card bills
5.7% Other (3)
Total (53)

12) What is your **zip code**?

4.2% Live Oak
7.6% Rural Area
3.8% Sutter
46.2% Yuba City
38.3% Tierra Buena
Missing Data (55)
100.1% Total (264)

13) How many years have you lived in **Sutter County**?

33 years on average (n=257)

14) How many years have you lived in the **United States**?

69 years on average (n=265)

15) What is your current **marital status**?

47.4% Married 31.9% Widowed
1.5% Separated 11.1% Divorced
7.4% Single 0.7% Domestic partner
Missing Data (49)
100.0% Total (270)

16(a) **Whom** do you live with (either in your home or in theirs)? *(Check all that apply)*

42.9% Spouse/Partner
6.9% Son/Daughter
36.7% I live alone
5.3% Other
Total (319)

16(b) Is your spouse/partner age 60 or older?

57.7% Yes
10.4% No
31.8% Not Applicable
Missing Data (118)
99.9% Total (201)

17) How do you pay for **housing**?

47.9% My home is paid off
28.1% I pay a mortgage
22.9% I pay rent
1.0% Other
Missing Data (27)
99.9% Total (292)

18) Do you spend more than 30% of your yearly income on housing (including rent or your mortgage and property taxes)?

24.7% Yes
57.5% No
17.8% I don't know
Missing Data (27)
100.0% Total (292)

19) Do you live in a "seniors only" area?

19.0% Yes
81.0% No
Missing Data (29)
100.0% Total (290)

20) What kind of **place** do you live in?

71.2% House
11.2% Mobile home or modular home
10.5% Apartment/Condominium/Townhouse
0.7% Hotel/motel or trailer/camper
5.1% Assisted Living or Board & Care home
1.4% Other
Missing Data (24)
100.1% Total (295)

Part 3: Transportation

1) Could you take public transportation from where you live if you wanted to?	3) How do you <i>usually</i> get where you need to go (bank, doctor, etc.)?
48.6% Yes	2.0% Walk or bicycle
30.6% No	80.3% Drive my own car
20.7% Not available	12.7% Friends or relatives drive me
99.9% Total (294) Missing Data (25)	2.0% Someone else is paid to drive me
2) How would you describe your driving ?	1.3% Senior bus or van
58.7% I drive when and where I wish	0.7% Public transportation
17.8% I avoid driving in certain conditions (such as at night or on the freeway)	0.7% Dial-a-ride or Para-transit
9.4% I only drive when I have to	----- Other
14.1% I do not drive at all	0.3% None of these are options for me
100.0% Total (298) Missing Data (21)	Missing Data (19)
	100.0% Total (300)

Part 4: Daily Activities

1) Below is a list of activities that are difficult for some people.

DAILY ACTIVITIES	I HAVE TROUBLE WITH THIS (Total = 319)	I GET HELP WITH THIS (Total = 319)	Percent of Those Who Get Help AND Still Have Trouble With This
Eating	2.8%	2.5%	37.5%
Getting up from a chair	15.0%	0.9%	100.0%
Using the toilet	4.1%	0.9%	100.0%
Getting in and out of bed	5.6%	0.9%	100.0%
Dressing and undressing	4.7%	1.6%	80.0%
Walking across a room (with a cane or walker if one is normally used)	6.0%	1.9%	66.7%
Bathing or showering	8.2%	3.8%	75.0%
Getting up and down stairs	19.7%	7.8%	76.0%
Preparing meals	8.8%	5.6%	50.0%
Shopping	10.7%	7.5%	66.7%
Using a telephone	2.5%	0.6%	100.0%
Reading (with glasses if applicable)	13.5%	2.2%	42.9%
Managing money (balancing a checkbook)	6.9%	7.5%	50.0%
Managing medications	7.8%	6.3%	55.0%
Light housework (vacuuming, dishes, etc.)	17.6%	13.2%	66.7%
Heavy housework (laundry, windows, etc.)	28.2%	16.9%	64.8%

2) Are you and/or your spouse or partner **unable** to get the help that you need with any of these daily activities for any reason?

11.5% Yes 88.5% No 100.0% Total (182) Missing Data (137)

Part 5: Needs and Concerns

1) Below is a list of things that could trouble you and/or your spouse or partner.

Things that Concern Seniors	Is this an Issue for you and/or your spouse or partner Right Now? (Total = 319)	Do you need HELP with this? (Total =319)
Finding services or benefits that could help me	20.4%	11.6%
Getting someone to do major home repairs	20.1%	12.5%
Planning for future long term care needs	20.1%	9.4%
Having a serious fall	18.5%	3.8%
Getting minor home repairs and/or modifications	17.9%	11.0%
Getting help with wills, trusts, powers of attorney	16.9%	10.7%
Understand health care options	16.0%	9.4%
Being able to continue living in my home	15.4%	5.0%
Paying for dental care	15.0%	9.1%
Being able to continue driving a car safely	13.8%	3.8%
Paying for medicines (prescription drugs)	13.8%	7.5%
Paying for medical care (doctor/hospital bills)	13.5%	7.2%
Dealing with loneliness or depression	13.5%	6.0%
Getting someone to do yard work	11.9%	7.5%
Getting the kind of medical care that I/we need	11.9%	7.8%
Paying out-of-pocket for in-home care	10.0%	5.0%
Paying out-of-pocket for outside home care	8.8%	3.4%
Dealing with dementia/Alzheimer's disease	8.2%	4.7%
Getting transportation for errands (bank, etc.)	7.8%	2.8%
Finding a reliable person to do in-home care	7.8%	5.3%
Paying for housing	7.5%	4.4%
Getting transportation to medical appointments	7.5%	3.4%
Being taken advantage of financially	6.9%	3.1%
Having enough food to eat	5.3%	2.8%
Being emotionally abused by someone	3.4%	1.6%
Finding a job	2.8%	1.6%
Caring for grandchildren	2.5%	0.9%
Being physically abused by someone	2.5%	0.9%

Average number of concerns per Respondent = 3.2

Average number of things each Respondent needs help with = 1.6

Part 5: Needs and Concerns (continued)

2(a) Which of the things listed on the previous page concerns you the most right now?

34.0%	NO CONCERNS	6.1%	Falling
12.9%	Finances	5.4%	Long Term Care
10.9%	Health care	4.1%	In-home care
6.8%	Staying at home/Being independent	4.1%	Transportation
6.8%	Home repairs	4.1%	Wills/Trusts/Powers of Attorney
6.1%	Dental	15.0%	Miscellaneous remarks
		<hr/>	
		Total (147)	

(b) Is there anything else that concerns you a great deal right now?

50.0%	NO CONCERNS	3.4%	Finding services
18.1%	Finances	19.8%	Miscellaneous remarks
12.1%	Health care	<hr/>	
12.1%	Economy	Total (116)	

(c) Are there any issues that are not a concern for you now, but may become a serious problem for you in the next 4 years? If so, please explain.

31.3%	NO CONCERNS	4.5%	Housing
17.9%	Health care	3.0%	Dementia
16.4%	Finances	3.0%	Depression
9.7%	Transportation	13.4%	Miscellaneous remarks
6.7%	Economy	<hr/>	
5.2%	Home repairs	Total (134)	

Part 6: Services You Use

1(a) Which of the following services have you and/or your spouse or partner used in the last 12 months? (Check all that apply)

0.9%	Adult Day Care (The Fountains)	1.9%	In-Home nursing care
0.6%	Adult Protective Services (APS)	1.3%	In-Home Supportive Services (IHSS)
2.8%	Brown Bag (Community Resources Council)	0.9%	Individual medication management
2.5%	Caregiver respite (Home Health Care Mgmt)	1.3%	Mental Health Services
0.6%	Other caregiver services (Del Oro CRC)	-----	Ombudsman services
0.3%	Dialysis treatment	11.3%	Senior meals
3.4%	FREED (please specify)	0.9%	Medical transportation (Medi-Car)
1.3%	Fix-It Program	24.5%	Yuba City Senior Center
1.9%	Other FREED services	5.3%	Yuba-Sutter Senior Legal Services
1.6%	Health Insurance Counseling (HICAP)	5.3%	Information & Assistance
1.9%	Home-delivered meals	6.3%	Senior Legal Services
1.6%	Hospice support services	3.8%	Other (12)
		<hr/>	
		Total (319)	

(b) Please make any comments about the services you received in the space below.

52.8% Positive 7.5% Negative 45.3% Neutral Total (53)

Part 7: Additional Sutter County Questions

1) In your opinion, how important is it that each of these are available to local seniors?

	Very important	Somewhat important	Not important	I don't know	Total
(a) Having someone make phone calls to check on older people who are homebound. (Total = 265)	73.6%	15.5%	4.5%	6.4%	100.0%
(b) Having someone visit older people in their homes. (Total =264)	61.4%	29.9%	3.4%	5.3%	100.0%
(c) Having counselors for older people who are having a personal crisis. (Total = 266)	71.8%	20.3%	3.0%	4.9%	100.0%
(d) Having support groups for older people who have suffered a loss. (Total = 263)	70.0%	20.5%	3.0%	6.5%	100.0%

2) If they were available to you, check which programs you would be interested in using?

25.1% Stretching classes	16.0% Bingo
21.0% Strength training classes	15.4% Card games
16.3% Tai chi/ Yoga classes	21.6% Computer classes
17.6% Art and crafts	7.5% Other (24)
<hr/> Total (319)	

3(a) Do you feel you could safely walk around your neighborhood during the day?

92.7% Yes 7.3% No Missing Data (44)
100.0% Total (275)

IF No, why not?

Not able to walk 45.0%	Live in the country 15.0%	Crime 15.0%
Fear of falling 15.0%	Other 10.0%	Missing (4)
<hr/> Total (20)		

(b) Do you feel you could safely walk around your neighborhood at night?

54.0% Yes 46.0% No Missing Data (54)
100.0% Total (265)

IF No, why not?

Not able to walk 9.0%	Live in the country 4.9%	Crime 32.8%
Poor road conditions 7.4%	Other 9.8%	Missing (52)
<hr/> Total (122)		

Part 7: Questions for Sutter County Seniors (continued)

4(a) In case of an emergency like a fire or flood, do you have a plan to evacuate?

73.3% Yes

26.7% No

Missing Data (49)

100.0% Total (270)

(b) If yes, does your plan involve someone else coming to pick you up?

22.9% Yes

77.1% No

Missing Data (10)

100.0% Total (188)

(c) Do you have animals that you would be taking with you in an evacuation?

50.8% Yes

49.2% No

Missing Data (57)

100.0% Total (262)

5) If an emergency left you without electricity, about how many days could you safely stay in your home before you'd need either food, water, medicine, heat or air conditioning?

5.2% None

10.4% 1day

40.4% 2-3days

15.2% 4-5 days

9.3% 6-7days

19.6% More that 7days

Missing Data (49)

100.1% Total (270)

6) During the summer, are you able to deal with extreme heat? (*check the best answer*)

6.3% My fan or swamp cooler or air conditioner was not able to keep me as cool as I like

17.0% The price of electricity or gas or propane kept me from staying as cool as I like

76.7% I was able to stay as cool as I like

Missing Data (49)

100.0% Total (270)

2008 Senior Survey: Top Concerns by Sex

Overall, the concerns expressed by male and female seniors vary considerably. The items that vary the most are shown in **bold red**. In short, the men appear *less* concerned than the women about falling, minor home repairs and paying for medical care but *more* concerned about being able to continue living at home, getting necessary medical care and paying for housing. On average, older women have more concerns than older men.

Overall Rank (n=319)	Overall Percent	Things that Concern Seniors in SUTTER County	MALE SENIORS (n=92)	FEMALE SENIORS (n=183)
1	20.4%	Finding services or benefits that could help me	2	T-2
T-2	20.1%	Getting someone to do major home repairs	T-7	T-2
T-2	20.1%	Planning for future long term care needs	1	T-2
4	18.5%	Having a serious fall	T-10	1
5	17.9%	Getting minor home repairs and/or modifications	T-13	5
6	16.9%	Getting help with wills, trusts, powers of attorney	5	6
7	16.0%	Understand health care options	T-3	T-8
8	15.4%	Being able to continue living in my home	T-3	13
9	15.0%	Paying for dental care	6	T-8
T-10	13.8%	Being able to continue driving a car safely	T-10	12
T-10	13.8%	Paying for medicines (prescription drugs)	T-7	T-8
T-12	13.5%	Paying for medical care (doctor/hospital bills)	T-13	7
T-12	13.5%	Dealing with loneliness and depression	T-10	T-8
T-14	11.9%	Getting someone to do yard work	T-16	14
T-14	11.9%	Getting the kind of medical care that I/we need	9	15
16	10.0%	Paying out-of-pocket for in-home care	15	16
17	8.8%	Paying out-of-pocket for outside home care	T-16	18
18	8.2%	Dealing with dementia/ Alzheimer's disease	T-16	T-20
T-19	7.8%	Getting transportation for errands (bank, etc.)	T-16	T-20
T-19	7.8%	Finding a reliable person to do in-home care	21	17
T-21	7.5%	Paying for housing	T-16	T-23
T-21	7.5%	Getting transportation to medical appointments	22	22
23	6.9%	Being taken advantage of financially	T-23	19
24	5.3%	Having enough food to eat	T-23	T-23
25	3.4%	Being emotionally abused by someone	T-26	25
26	2.8%	Finding a job	T-23	T-27
T-27	2.5%	Caring for grandchildren	T-26	T-27
T-27	2.5%	Being physically abused by someone	28	26
3.2		Average concerns per Respondent	2.8	3.5

2008 Senior Survey: Top Concerns by Ability Level

The top concerns of seniors vary according to their abilities. Compared to their peers, Active seniors appear *more* concerned about paying for medical care and yard work and *less* concerned about finding services. Homebound seniors seem *more* concerned about paying for in-home care and *less* concerned about paying for dental care and accessing other medical services. On average, the Active senior respondents cited half as many concerns as the Mobile and Homebound respondents.

Overall Rank (n=319)	Overall Percent	Things that Concern Seniors in SUTTER County	ACTIVE SENIORS (n=169)	MOBILE SENIORS (n=92)	HOMEBOUND SENIORS (n=28)
1	20.4%	Finding services or benefits that could help me	T-9	1	2
T-2	20.1%	Getting someone to do major home repairs	T-2	T-2	T-8
T-2	20.1%	Planning for future long term care needs	1	T-2	T-5
4	18.5%	Having a serious fall	T-7	T-4	1
5	17.9%	Getting minor home repairs and/or modifications	T-2	T-4	T-8
6	16.9%	Getting help with wills, trusts, powers of attorney	T-2	T-8	T-5
7	16.0%	Understand health care options	T-9	T-10	T-3
8	15.4%	Being able to continue living in my home	T-9	12	T-3
9	15.0%	Paying for dental care	T-2	T-4	T-20
T-10	13.8%	Being able to continue driving a car safely	T-15	T-4	T-17
T-10	13.8%	Paying for medicines (prescription drugs)	T-13	T-10	T-8
T-12	13.5%	Paying for medical care (doctor/hospital bills)	T-2	13	T-14
T-12	13.5%	Dealing with loneliness or depression	T-13	T-9	T-12
T-14	11.9%	Getting someone to do yard work	T-9	17	T-20
T-14	11.9%	Getting the kind of medical care that I/we need	T-7	14	T-24
16	10.0%	Paying out of pocket for in-home care	18	16	T-8
17	8.8%	Paying out-of-pocket for care outside the home	T-19	T-18	T-12
18	8.2%	Dealing with dementia/Alzheimer's disease	T-15	T-25	T-5
T-19	7.8%	Getting transportation to errands (bank, etc.)	T-19	20	T-14
T-19	7.8%	Finding a reliable person to do in-home care	T-24	15	T-20
T-21	7.5%	Paying for housing	T-22	T-18	T-17
T-21	7.5%	Getting transportation to medical appointments	T-19	T-21	T-14
23	6.9%	Being taken advantage of financially	17	T-21	T-24
24	5.3%	Having enough food to eat	T-24	23	T-17
25	3.4%	Being emotionally abused by someone	T-24	T-25	23
26	2.8%	Finding a job	28	24	T-26
T-27	2.5%	Caring for grandchildren	T-22	28	T-26
T-27	2.5%	Being physically abused by someone	T-24	27	T-26
3.2		Average concerns per Respondent	2.1	4.4	5.1

2008 Senior Survey: Top Concerns by Geography

The top concerns of seniors living in the Yuba City/Tierra Buena (urban) area differ somewhat from those living in the rural portions of Sutter County. The Urban seniors appear *more* concerned about planning for future care and dealing with loneliness/depression and *less* concerned with minor home repairs, paying for out-of-home care, dealing with dementia and being taken advantage of financially. Respondents in the urban area cited more concerns on average than those in the rural areas.

Overall Rank (n=319)	Overall Percent	Things that Concern Seniors in SUTTER County	URBAN (n=223)	RURAL (n=41)
1	20.4%	Finding services or benefits that could help me	2	T-3
T-2	20.1%	Getting someone to do major home repairs	T-3	2
T-2	20.1%	Planning for future long term care needs	1	T-7
4	18.5%	Having a serious fall	T-3	T-3
5	17.9%	Getting minor home repairs and/or modifications	T-7	1
6	16.9%	Getting help with wills, trusts, powers of attorney	5	T-3
7	16.0%	Understand health care options	6	T-7
8	15.4%	Being able to continue living in my home	T-7	T-9
9	15.0%	Paying for dental care	T-11	6
T-10	13.8%	Being able to continue driving a car safely	13	T-9
T-10	13.8%	Paying for medicines (prescription drugs)	T-11	T-9
T-12	13.5%	Paying for medical care (doctor/hospital bills)	10	T-9
T-12	13.5%	Dealing with loneliness or depression	T-7	T-16
T-14	11.9%	Getting someone to do yard work	T-14	T-16
T-14	11.9%	Getting the kind of medical care that I/we need	T-14	T-16
16	10.0%	Paying out-of-pocket for in-home care	16	T-14
17	8.8%	Paying out-of-pocket for care outside the home	T-18	T-9
18	8.2%	Dealing with dementia/Alzheimer's disease	T-20	T-14
T-19	7.8%	Getting transportation to errands (bank, etc.)	T-18	T-21
T-19	7.8%	Finding a reliable person to do in-home care	17	T-21
T-21	7.5%	Paying for housing	T-20	T-24
T-21	7.5%	Getting transportation to medical appointments	T-20	T-16
23	6.9%	Being taken advantage of financially	23	T-16
24	5.3%	Having enough food to eat	24	T-24
25	3.4%	Being emotionally abused by someone	25	T-24
26	2.8%	Finding a job	T-26	28
T-27	2.5%	Caring for grandchildren	28	T-24
T-27	2.5%	Being physically abused by someone	T-26	T-21
3.2		Average concerns per Respondent	3.5	2.9

